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WHAT TO WATCH IN SOCHI

• **8 a.m.** Patrick Chan has a chance to become the first Canadian to take home men's figure skating gold at the Olympics. He's second after the short program, but less than four points off the top spot.

• **10 a.m.** Canada's men's hockey team is back on the ice, looking to improve to 2-0 after beating Norway 3-1. The boys will face Austria in the second of three preliminary round games. **GREG DOWNS/FOR METRO**

Have fun on Family Day!

Metro will not be publishing on Monday. Look for us again on Tuesday

GOLDEN FORM?

Canadian forward Patrice Bergeron trips over Norwegian goaltender Lars Haugen in men's hockey action at the Winter Olympics in Sochi on Thursday. Story, page 49. MARK HUMPHREY/THE ASSOCIATED PRESS

Riders on the hook as Calgary Transit looks for more funds

Expanding services. Report suggests fare bumps for youngsters, seniors and students getting a sweet ride via discounted passes

BRYAN WEISMILLER
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Calgary Transit is looking to tap its riders and taxpayers for more dough to fund its ambitious blueprint for growth.

In a new report, transit officials estimate needing an extra $17.7 million annually to meet the lofty goals of Calgary's 30-year RouteAhead plan.

Planning manager Neil McKendrick said "slight" fare hikes are planned, although taxpayers will also be asked to cover a big chunk of the tab.

"We need to get a little bit more money out of all of our customers," McKendrick told Metro.

The report, coming to committee next week, highlights the "significant" discounts being doled out to customers right now, noting 39 per cent of riders pay 21 per cent of the trip cost.

It suggests fare bumps for youngsters, seniors and students getting a sweet ride via discounted passes. Over the next decade, transit plans to move away from age-based discounts, revisit its U-pass deal with campuses and limit the average income-based discount to 50 per cent of the regular pass.

Coun. Shane Keating suggested city council will have to look at the facts and not emotions when debating the plan.

"It's very easy for others to say 'we gotta keep giving discounts to everybody,'" said Keating, transit committee chair.

"But, at the same time, we have to pay the bills and not just put it all on the taxpayer either."

All told, Calgary Transit hopes to glean five per cent more from fare revenue to help fill its $7.7-million share of the expanded service. Officials are also looking to get more coin from niceties like parking and airport and charter service.

McKendrick suggested the alternatives are jacking up taxes to cover the increased costs or scaling back big-time plans for the city's public transportation network.

The RouteAhead plan calls for big-time service upgrades, and looks to add 125,000 more service hours every year.

Public consultation will be done before planners bring details back to council in June.

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Exclusions. Building Canada Fund has issues: Nenshi

Mayor Naheed Nenshi was pleased to see the federal government finally release details of a $14-billion infrastructure fund for municipalities Thursday but said there are major problems with the application criteria.

"These criteria were developed without any consultation with municipalities whatsoever," Nenshi told reporters. "Although it's taken a year to get the criteria done, they feel rushed."

The mayor said he was surprised to see sport, cultural and recreational infrastructure excluded from the Building Canada Fund. "For a city like Calgary, this is actually a very big problem," he said.

Nenshi also raised concerns about the exclusion of "local roads" from the fund, and the fact that "there's no money specifically earmarked for municipalities," which he takes to mean all money will have to "wash through" provincial governments.

The Calgary mayor also wondered why private-sector companies are included on the list of groups eligible to receive funding, and the fact that all projects above $100 million must be screened by P3 Canada to see if they can be done as public-private partnerships. "P3 Canada's processes are onerous and they are expensive," Nenshi said, based on Calgary's past experience interacting with the Crown corporation.

Nenshi said he hopes Infrastructure Minister Denis Lebel will meet with big-city mayors in the coming weeks to adjust the funding criteria.

ROBSON FLETCHER/METRO, WITH FILES FROM THE CANADIAN PRESS

Mohamed Benini shows off an app for one of his companies, Cowboy Taxi, while standing in front of a silver fleet vehicle from his other company, Avacab. METRO FILE

Cabbies clash over coveted car colours

Time to comply in Airdrie. Paint bylaw has been on the books since 2009 but stricter enforcement is now beginning

ROBSON FLETCHER
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Thirteen Airdrie cab companies must each settle on a distinctive colour scheme for their entire fleet by Friday or have one assigned to them by the city, a move that's causing consternation among some brokers.

"I don't think it's right," said Mohamed Benini, who owns two companies in the city of 50,000 people.

Benini said cars in his Avacab fleet are silver and about half the vehicles in his Cowboy Taxi fleet are yellow.

He wanted to maintain those colours but said other companies were granted the exclusive right to use them during a heated meeting the city convened in January to try to sort things out.

Varinder Virk, owner of Airdrie Flames Cab, said most of the vehicles in his fleet are silver and he, too, wanted to keep that colour but it was in such high demand that he finally gave up.

Meanwhile in Calgary ...

The City of Calgary also requires that each cab company use a single colour for its fleet but there are currently just five taxi brokers registered in Calgary, compared to 13 in Airdrie.

"There was a big argument going on at that meeting," he said. "I felt uncomfortable. Finally I told city hall, give me any colour. I want out of this fight."

He ended up with orange.

Airdrie's chief licence officer Colleen Kinley said the goal of the colour rule is to make it easier for customers to distinguish between companies when they want to register complaints, compliments or make other reports regarding taxi service.

The city agreed to extend the timeframe for compliance, she added, and cab companies have until April 1, 2015, to repaint their fleets.

Benini said he wanted to make his fleet distinctive by painting Canadian flags on the hoods but that idea was rejected. He's now uncertain what will happen after the city's deadline of Feb. 14 to pick an acceptable colour comes and goes.

"They will probably choose an ugly colour for me," he said.

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Justice crusader aids family's quest for answers in U.S. death

Virginia (Gigie) Wilson holds a picture of her son, Geoffrey, who died under seemingly mysterious circumstances in St. Louis. She's enlisted the help of Ernie Del Pinto to get answers from U.S. authorities. BRYAN WEISMILLERMETRO

Support. Calgary police say they've offered victim counselling to the Wilson family

BRYAN WEISMILLER
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Ernie Del Pinto recalls the long-distance calls, painstaking delays and immeasurable yearning for answers in his son's murder in Thailand.

It took nearly six years but justice was finally served last August.

Now, Del Pinto is using his experience to help a Calgary family at odds with U.S. authorities in the death of their loved one. The Wilsons have been pressing St. Louis police for more information since their son, Dr. Geoffrey Wilson, was killed on the Memorial Day weekend.

Del Pinto has provided key contact information, lobbying strategies and a shoulder to cry on.

"In this situation, I know there's something wrong," he said Thursday.

Police have ruled Wilson's case an accident, saying the handsome 29-year-old was run over by a rental car he was attempting to push. There's no official explanation as to how the victim ended up in the driver's seat, according to media reports.

In Del Pinto's case, his 25-year-old son was gunned down by an off-duty cop in 2008. The officer who pulled the trigger had once claimed to be acting in self-defence, but was convicted of murder after the case slowly slogged through the court system.

Quoted

"In this situation, I know there's something wrong."
Ernie Del Pinto

"These people remind me of the Thailand government," he said of the American cops, noting it took seven months for the Wilson family to get autopsy results.

Outside of their struggle with out-of-country legal matters, Del Pinto and Geoff's mother — Virginia (Gigie) Wilson —have other experiences in common. Both remember seeing their loved ones off at the airport on a Friday and getting the heart-wrenching news over the phone the next day.

And however the case unfolds from here, Gigie told Metro she sees Ernie as a pillar of strength in hard times.

"When I'm down, it's Ernie that I think of — he pushed through," Wilson said. "We have the same love for our sons … and I know in my heart he did not die of an accident."

Calgary police say they've offered victim counselling to the Wilson family, but they've yet to receive a call for help from Missouri investigators.

On the web

For more local news, go to metronews.ca

Follow Bryan Weismiller on Twitter @Metro_Weisy

Parents eye Elbow Park's modular classrooms

Parents behind a "grassroots movement" to keep their Calgary school community intact are lobbying provincial officials to grant them two modulars attached to a nearby flood-damaged facility and are willing to kick in some funds of their own to retrofit the portable classrooms.

A committee has been launched at William Reid School to explore ways to prevent the transfer of Grade 4 students to Elboya, a move that aims to address capacity pressures at the 108 per cent full facility.

The committee, however, is eyeing modulars at the site of flood-damaged Elbow Park School and hopes to convince the Alberta government to move them into the fields of their facility, which is roughly a kilometre away.

Dean Burns sits on the committee and said while the situation is not ideal, "necessity is the mother of invention."

"This is the new normal for Calgary, especially, but I think all of Alberta as well," he said Thursday. "You have to think outside the box because the space crunch is the new normal for us with a lack of infrastructure to support the growth and birthrate."

William Reid is just one of roughly 40 facilities run by the Calgary Board of Education that reported being over 100 per cent full in the fall, according to a Metro analysis conducted in January. Alberta Education officials could not immediately provide a comment Thursday afternoon on whether shipping the modulars to William Reid was a viable option.

JEREMY NOLAIS/METRO

Elbow Park School is due to be torn down and replaced after suffering damage in June's flood, but parents at a nearby school are hoping two modulars can be salvaged for their site. METRO FILE

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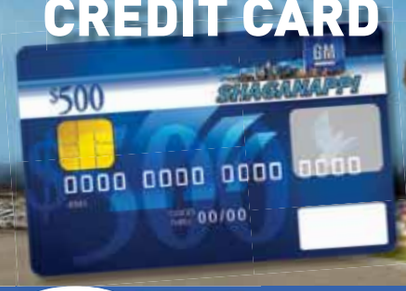

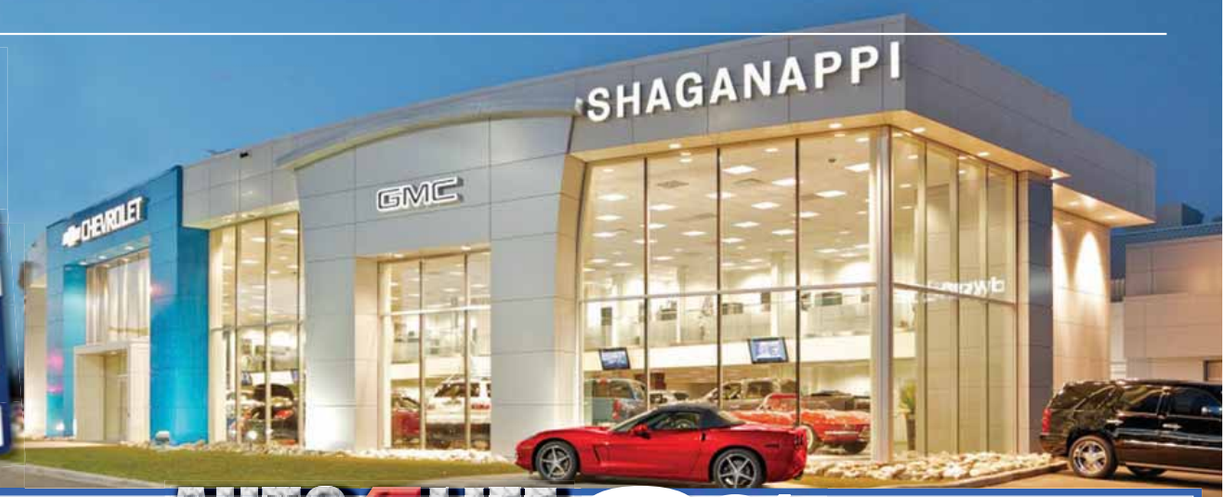

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This image taken from YouTube shows a man apparently in Thailand guzzling 20 shots of absinthe and a beer and then issuing a "neknomination" to others to follow suit. The game is stirring fears among student leaders and health officials in Alberta. SCREEN GRAB

Calgary students urged to avoid dangerous drinking game popular on YouTube

'Neknomination.'
Health official pulls no punches denouncing fad as potentially deadly

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Students on Calgary's largest post-secondary campus are being urged to drink responsibly amid reports of a pay-it-forward drinking game turning deadly.

Sean Ryan, manager of residence education at the University of Calgary, wrote an email to students Monday urging them to steer clear of the new fad known as "neknomination."

The game involves consuming a large amount of alcohol on camera and then challenging three friends to one-up your endeavour.

Ryan urged students not to nominate their peers and not follow through with a dare if challenged, writing, "We really don't want to see any students get injured or sick (we've just been lucky so far)."

There are reports of at least two deaths in the U.K. linked to the game. There are also countless neknomination videos on YouTube. One in particular shows a man apparently in Thailand drinking 20 shots of absinthe and a beer in a little over a minute.

Dr. James Talbot, Alberta's chief medical officer of health, pulled no punches describing what may happen to the binge-drinker in the moments after the camera is turned off.

"If you were going to do this, what kind of precautions should you take? You should have somebody who knows CPR, you should have immediate access to a hospital that's capable of doing dialysis, they should have an (intensive-care unit) present, there should be a defibrillator — and if they had all things they could still be dead," he said.

Raknomination

Students taking a stand against neknomination are encouraged to perform a random act of kindness, or "raknomination," and share their effort at facebook.com/raknomination.

Dan Medland-Marchen, president of the U of C's Residence Students' Association, said he's aware of students on campus taking part in the challenge.

"It definitely is very real for this campus as well as other campuses in the city," he said, later adding, "It's not just the game itself; some students … they're not really taking into consideration what it means on the broader scale in terms of employers and things like that. You're putting that sort of thing on social media — that's really going to hurt you in the long run."

Medland-Marchen said he wasn't aware of anyone at the U of C suffering serious health complications as a result of the game. He said certain acquaintances have taken part in neknominating, but he and his close friends have pledged not to involve one another in the dares.

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Sex-trade workers are torn on whether brothels are a good fit for Calgary. MARTIN LEE/REX FEATURES

Will sex trade be too legit to quit?

Legal limbo. Council mulling fallout of Supreme Court ruling

Nevada North?

7

U.S. brothel mogul Dennis Hof told Metro that Alberta appeared "very ripe" for bunny ranches, like the seven he runs in Nevada.

Lily has full intention of getting out of Calgary's sex trade in a few years' time.

The 21-year-old says she's in it for the money, plain and simple.

"A car, a condo, investments," she listed without hesitation when asked what her earnings would be put towards.

Lily lists herself as an escort online, but admits to having sex with some of her clients. Others just want to hang out and talk.

"They pay for the time," she said, later adding, "It's only as dangerous as you allow it to be. You have to be smart. If you meet people you don't talk to on the phone or that seem sketchy ... you have to let people know where you are."

Metro agreed to withhold Lily's real identity as she shared her opinion on the potential of prostitution in Calgary becoming a legal enterprise.

The Canadian government has until December to amend its sex-trade laws after a Supreme Court ruling that deemed them unconstitutional.

The development led Calgary Mayor Naheed Nenshi to openly muse during a meeting Monday about where and how legalized brothels would operate in the city, should it come to that. City council voted to establish a working group to assess potential scenarios.

But Lily said she doesn't see any benefit to joining a licensed prostitution establishment.

"I don't think it would make any difference," she said. "I like being independent, doing things on my own."

But Geri, a fellow sex-trade worker listed as being in her late 30s, pointed to places like Amsterdam as proof that brothels could be a good fit for the city.

"I believe it would be safer," she said. "I think that the industry has a lot of pariahs.... The thing is, it's kind of the same industry as, say, actors — someone manages the business and the rest of the people work for that business." JEREMY NOLAIS/ METRO, WITH FILES FROM LEAH GERMAIN

Confusion plagues Alta. pension plans: AG

Alberta's auditor general says there's confusion at the highest levels of the public sector pensions, with the risk it could worsen the current $7.4 billion in red ink the plans are facing.

"(There are) many at the wheel without agreement on how far off course they are," Merwan Saher told reporters Thursday after the release of his report.

"Since the year 2000, there have been 10 different ministers of finance," he said. "They've not had the benefit of a well-functioning risk management system."

Saher said that, in general, clarity reduces financial loss.

"Risk management is not some sort of panacea to make a $7.4-billion unfunded liability just magically disappear," he said. "(But) without good risk management, the chances of that unfunded liability increasing are greater than they need to be."

Finance Minister Doug Horner is preparing to introduce legislation as early as next month to overhaul public sector pensions. Horner said Thursday that the changes include a new fund management structure that gives voice to both employers and employees. THE CANADIAN PRESS

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U of C. Study sees welfare rates rise in Ontario and drop everywhere else

A University of Calgary study has found that the percentage of people using social assistance is lower than it was four decades ago in every province except Ontario.

Ron Kneebone of the School of Public Policy looked at data from all of the provinces between 1969 and 2012.

The percentage of those receiving assistance in Ontario in 2012 was 7.6 per cent, up from the four per cent it was in 1969.

Newfoundland and Labrador's social assistance rate was nine per cent in 2012, half what it was in 1969 at 18 per cent.

Quebec has also seen its numbers fall to seven per cent two years ago from just under 10 per cent in 1969.

THE CANADIAN PRESS

School of Public Policy

Alberta had the lowest welfare rate in 2012 at just 3.2 per cent, down from five per cent four decades ago.

Family Day tourney

Minor soccer boss makes Olympic-sized pledge

The head of Calgary minor soccer made an Olympic-sized pledge Thursday in promoting the city's largest tournament.

Nearly 300 games will be played by 148 teams this weekend at the Family Day Tournament.

"We'll probably have more people turning out to our tournaments this weekend than they're going to have watching figure skating in the first two days," said Calgary Minor Soccer Association Executive Director Daryl Leinweber.

METRO

PRIDE IS MORE THAN RETWEETS AND FACEBOOK AVATARS

IN DEFENCE OF
Mike Morrison
calgary@metronews.ca

It's something that we don't talk a lot about in the same sentence: gay rights and athletics.

But thanks to Russia's controversial laws, the Sochi Olympics, football player Michael Sam and cities across Canada raising Pride flags in front of their city halls and schools, more people are talking about LGBTQ rights than ever before.

Which might confuse some, since it's been nine years since Canada became only the fourth country in the world to legalize same-sex marriage. But one has only to open a newspaper, listen to the people who call in to News Talk 770's Kingkade and Kelly show or scroll through Twitter's newsfeed to realize that we have a long way to go, especially here in Calgary.

The hostility towards the flag flabbergasted Stephen Wright, Pride Calgary president.

"I'm surprised because we're trying to support all different people that are facing all different types of discrimination. That's why the flag is up all across Canada," he said.

Of course, we shouldn't be surprised that a vocal minority of Calgarians still struggle with LGBTQ rights. Beyond living in a world where anyone with a keyboard is now essentially given a megaphone, as a city, Calgary has had a reputation of being predominantly conservative and not necessarily gay-friendly. But support is definitely growing. Just a few years ago, August's Pride Festival was celebrated by 4,000 people, but last year's festival welcomed more than 40,000 people.

The Pride Flag is only a controversy because of the ignorance that continues to be given a voice. But for allies, it should stand as a reminder that, like the very wise Yoda once said, "Much to learn you still have." And it's not just learning, it's also about doing.

Be proud of your Pride

Beyond living in a world where anyone with a keyboard is now essentially given a megaphone, as a city, Calgary has had a reputation of being ... not very gay-friendly.

Sure, tweeting your encouragement or changing your Facebook avatar helps spread support, but taking action is critical. Wright says actively supporting the gay people that you know, whether it be at school or in the workplace, is still very important. "Stand up to negative comments, jokes and support anti-bullying campaigns," he suggests.

And if you think people were upset about City Hall raising the Pride flag this week, wait until this year's Pride parade takes over Stephen Avenue. While the parade is expected to be the largest one ever, with lots of room to grow, my hope is that more and more companies see it as their responsibility to get involved. The same goes for this city's much-adored and influential professional athletes, who besides Olympians, have yet to participate in the parade. I think politicians also have a duty to show their support at Pride and not just when it's their riding or if it's an election year.

We've reached a point in the history where the flag means a lot of different things for different people. I like to think the flag is a voice for those who are too scared to speak out.

And in a little while, when there's nothing more to be scared of, well, that'll be a good day.

MIKE MORRISON WRITES MIKE'S BLOGGITY BLOG AND TWEETS FROM @MIKESBLOGGITY., AND APPEARS ON KOOLFM ON FRIDAY MORNINGS TO CHAT ABOUT HIS COLUMN

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Stolen Montreal artifact found in Edmonton

The work. It's a fragment from a Persian bas-relief sculpture valued at about $1.2 million

RCMP have recovered an artifact in Edmonton stolen from a Montreal art museum more than two years ago.

The artifact dates from the fifth century BC and was found at a local apartment after Edmonton RCMP helped in issuing a search warrant while working with Sûreté du Québec on Jan. 22.

The fragment from a Persian bas-relief sculpture, valued at approximately $1.2 million, was stolen from the Montreal Museum of Fine Arts in Sept. 2011.

Simon Metke, 33, and Jana Lang, 26 were charged in relation to the seizure.

The artifact is one of two that were stolen from the museum at around the same time — just a month later the marble statuette of a man's head from the first century BC was also pilfered.

RCMP are asking anyone with information on the whereabouts of the second artifact to contact Sûreté du Québec at 1-800-659-4264.

STEPHANIE DUBOIS/ METRO IN EDMONTON

An artifact that was stolen from a Montreal museum. COURTESY RCMP

Michael Rooker. Walking Dead stars coming to Calgary for Comic Expo

Stars from the Walking Dead will once again headline the Calgary Comic & Entertainment Expo this year.

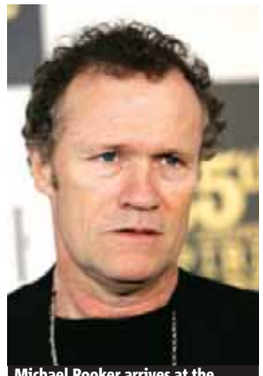
Organizers of what's billed as the country's largest Canadian-owned pop-culture event announced the list of celebrity guests for its 2014 incarnation, and actors from the wildly popular AMC television series about the zombie apocalypse figure prominently on the list.

Michael Rooker, the actor behind the show's hard-drinking, one-handed, and overtly racist Merle Dixon character, is one of three Walking Dead stars due to participate.

Joining him in Calgary will be Laurie Holden, who plays Andrea, and Emily Kinney, who plays Beth on the show.

Other celebrity guests include Sean Astin, Manu Bennett, Billy Boyd and Jed Brophy from the Lord of the Rings movies, and Giancarlo Esposito, who played criminal mastermind Gustavo Fring on AMC's hit show, Breaking Bad. Tickets are on sale now for the event, set to take place April 24-27.

More than 60,000 people pushed through the expo's turnstiles in 2013. METRO



Michael Rooker arrives at the Independent Spirit Awards on Friday, March 5, 2010, in Los Angeles. MATT SAYLES/THE ASSOCIATED PRESS

Right of way. Woman killed after being run over at crosswalk

A 39-year-old Calgary woman died in hospital Thursday afternoon after being struck by a vehicle earlier in the day while crossing a downtown street, according to police.

The collision happened at about 12:30 p.m. at the intersection of 10 Avenue and 5 Street SW. "The pedestrian had a walk light and she was walking north to south in the crosswalk, and the van was travelling southbound on 5 Street," police Duty Inspector Jim Stinson said.

"It turned right onto 10 Avenue and ran over her."

Stinson said the woman worked in the area and some of her co-workers witnessed the crash and the aftermath.

The driver remained at the scene, he added, and police continue to investigate.

No charges had been laid as of early Thursday evening.

ROBSON FLETCHER/METRO

Quoted

"The pedestrian had a walk light and she was walking north to south in the crosswalk."

Police Duty Inspector Jim Stinson

Red hearts and cupids

Love bus to hit Calgary streets

If you see a public transit bus rocking Friday — feel free to go knocking.

Calgary Transit has decked out a "love bus" with red hearts and cupids to be passing out candy and flowers to show love for its ridership.

Staff plan to start downtown about 11 a.m. and hit up 7 Ave. CTrain Stations.

METRO

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Second zoo may kill giraffe

Death threats sent to Copenhagen Zoo, which last weekend killed a healthy giraffe named Marius and fed it to lions in front of a young audience, have not deterred another Danish zoo from the same course of action.

Jyllands Park Zoo is seeking a female giraffe that would replace one of its two males — a seven-year-old, also named Marius. The zoo claims the animal could not stay without threatening the breeding programme, and would be difficult to re-house.

"If we are told we have to euthanize (the giraffe) we would of course do that," Jyllands Park zookeeper Janni Løjtved Poulsen told Denmark's TV2, adding that she was "completely behind" Copenhagen Zoo's decision.

An online petition demanding Jyllands Park "transfer (Marius) to alternative accommodation and spare his life" reached 4,000 signatures in a matter of hours. A spokesman for animal welfare group PETA gave support for the campaign: "Zoos keep animals on display like living museum exhibits and dispose of them when they become inconvenient."

KIERON MONKS/METRO WORLD NEWS

Another zoo is considering killing a healthy giraffe. GETTY IMAGES FILE

Is our focus a detriment

Team Canada fans show support for the women's hockey team during a 3-2 win over Team USA at the Sochi Winter Olympics on Wednesday.

ADRIAN WYLD/THE CANADIAN PRESS

CSEC. Watchdog review clears spy agency's airport data experiment

A federal watchdog says Canada's electronic eavesdropping agency did not invade the online activities of Canadians during a controversial study of wireless communication at airports.

The independent body that monitors Communications Security Establishment Canada says the spy agency's effort wasn't about mass surveillance or the tracking of Canadians.

A CSEC document obtained by CBC — originally leaked by former U.S. spy contractor Edward Snowden — suggested information was taken from an unidentified Canadian airport's free Wi-Fi system over a two-week period.

In a new posting on its website, the CSEC watchdog says it has since questioned eavesdropping agency employees about the project.

It says the effort was used by CSEC to understand global communication networks and was not directed at Canadians or people in Canada.

THE CANADIAN PRESS

on hockey in Sochi?

Olympics. Expert says the rest of Canada could learn something from Quebec, which does a good job of supporting all athletes — not just ones from the NHL

DAVE LANGFORD
Metro in London

At noon EST Thursday, the Olympics in Sochi changed — and some people are suggesting not for the better.

That was when the Canadian men's hockey team took to the ice against Norway and began their 11-day pursuit of the Olympic gold medal.

So despite Patrick Chan beginning his chase for the elusive Canadian dream of winning the first men's singles figure-skating title, most Canadians were glued to TV sets in homes, offices and bars to watch Sidney Crosby, Drew Doughty and other NHLers.

Dr. Janice Forsyth, director of the International Centre for Olympic Studies at Western University, said the non-NHL athletes need more support, at least for the 17 days of the Sochi Games.

"This intensive focus that we have on hockey is understandable from a cultural point of view, but I think the media isn't doing our athletes in our sport system any favours by not giving the other athletes their due attention," Forsyth said.

Forsyth said even though the women's hockey coverage has improved, it has nowhere near the same interest as the men.

"In Canada, there is just that intensive focus that we have on hockey — and it's mostly around men's hockey, let's face it. It's really challenging when you don't see the other athletes getting as much attention," she said.

Forsyth said the focus on men's hockey is a "detriment to the other sports."

"It's because the NHL is taking a break and they're trying to generate excitement from the NHL crowd in the Olympic Games, just spinning the NHL model a different way, this time where the athletes actually represent their country," she said.

"In terms of trying to support the other athletes and generating support, it's not necessarily a good thing."

There is more balanced coverage of all athletes in Quebec, she said.

"We could actually learn a lesson from Quebec because they really do hold up their athletes as role models, and not just the hockey players," Forsyth said.

"They've got a really good funding base in the province, they've got good opportunities for sponsors — of course corporate sponsors step up the plate — and media is very supportive of all of the athletes."

Canada's hockey obsession

"In terms of trying to support the other athletes ... it's not necessarily a good thing."

Dr. Janice Forsyth, on the attention paid to the men's Olympic hockey team.

Infrastructure fund. Cash to flow to both big cities and small communities: Harper

Prime Minister Stephen Harper says a $14-billion infrastructure fund will help out both big cities and smaller communities alike.

The cash from the New Building Canada Fund will be doled out to provinces and municipalities over the next decade starting this spring.

Harper says the framework to distribute the money has now been completed.

Nearly $10 billion has been set aside for infrastructure and community projects in the provinces and territories — with $1 billion of that earmarked for communities with populations under 100,000. Another $4 billion is set aside for projects of "national significance."

Ottawa will contribute up to half the total cost of projects dealing with provincial highways and major roads as well as public transit, while pitching in one-third for others.

The infrastructure money was originally announced in the 2013 federal budget. THE CANADIAN PRESS

Florida

Man sentenced to life in prison for killing ex-reporter

A fantasy game enthusiast was sentenced to life in prison Thursday for beating a former Pensacola newspaper reporter to death with a hammer and burying his body in a concrete-covered pit in Georgia.

William Cormier III was so desperate for money that he killed Sean Dugas in the fall of 2012 so he could steal his $100,000 collection of fantasy role-playing cards for the game Magic: The Gathering, prosecutors said.

Jurors convicted Cormier of first-degree murder after a little more than an hour of deliberations. Cormier showed no reaction as the verdict was read. Dugas' parents broke down in sobs as the verdict was read. THE ASSOCIATED PRESS

Russia

IOC presses Sochi organizers over jailed activist

The International Olympic Committee has asked Russian authorities to clarify why an activist who criticized the environmental impact of Olympic construction in Sochi has been sentenced to three years in prison.

Yevgeny Vitishko was sentenced Wednesday for spray-painting a fence of a property in a forest where construction is banned, according to his lawyer.

Human Rights Watch urged the IOC to press Russian authorities to free him.

IOC spokesman Mark Adams said Thursday, "We have asked Sochi for further clarification." However, Adams said Vitishko's sentence involved a "matter that was not in relation to the Olympic Games." THE ASSOCIATED PRESS

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Afghan women protest domestic violence law

Article 26 limits justice for abused.
100 women march through Kabul

Afghan women marched in Kabul on Thursday to protest violence against women and decry a new draft law that activists say will severely limit justice for victims of domestic abuse.

Afghanistan's parliament recently passed a new criminal procedure code that would ban people from testifying against their own relatives.

Legal experts say the law would curb prosecutions involving violence against women, where relatives are often the only witnesses.

While the new legislation, known as Article 26, does not specifically mention women or domestic violence, it bars a broad swath of "relatives" from acting as witnesses, which presents a problem in a country where women are often cloistered at home and the bulk of violence committed against them is either by or in front of family members.

In practice, legal experts say, it would mean that a woman cannot testify that her uncle raped her, that a mother who sees her daughter beaten by her father or brother cannot testify, that family members witnessing a young woman being forced into marriage by her father cannot be used in a prosecution, and that a sister or brother who witnesses an honour killing cannot be questioned. THE ASSOCIATED PRESS

Afghan women in Kabul protest a new draft law that they say will limit justice for victims of domestic abuse. MASSOUD HOSSAINI/THE ASSOCIATED PRESS

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Ottawa human trafficking

Man gets 6 years for forcing teen into prostitution

A Montreal man convicted of human trafficking in Ottawa has been sentenced to six years in prison for forcing an orphaned teenaged girl into prostitution.

Court heard Jamie Byron, 24, lured his 17-year-old victim from her home in Windsor, Ont., and forced her to travel between several cities working as a prostitute. THE CANADIAN PRESS

Scottish independence

Walk away, lose the pound, U.K. warns Scots

Scotland has been warned. If it votes to leave the United Kingdom later this year, then it walks away from the pound.

That's the hard-line and potentially game-changing message presented Thursday by U.K. Treasury chief George Osborne, who ruled out a currency union in a speech in the Scottish capital of Edinburgh. THE ASSOCIATED PRESS

Blasts rock Baghdad market

Iraqi firefighters battle a blaze caused by two simultaneous bomb blasts that killed at least five people and wounded 15 in Baghdad's Al-Arabi wholesale market Thursday. A police officer said two bombs were hidden in clothing stalls. The bombings took place as Iraqi security forces and allied Sunni tribal militias are battling al-Qaida-linked militants who have seized significant areas in the country's west since late December. KARIM KADIM/THE ASSOCIATED PRESS

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Canadian-style winter weather wallops U.S. East Coast, South

Snow, ice all over.
More than 750,000 homes and businesses without power

A bicyclist rides through a snowstorm in New York's Chinatown on Thursday. Snow and sleet covered the U.S. East Coast, from North Carolina to New England, just a day after sleet, snow and ice bombarded the Southeast. MARK LENNIHAN/THE ASSOCIATED PRESS

The latest storm to roll off nature's assembly line this winter spread heavy snow and sleet along the U.S. Northeast corridor Thursday, while utility crews in the ice-encrusted South laboured to restore power to hundreds of thousands of shivering residents.

The sloppy weather shuttered schools and businesses, grounded more than 6,000 flights on Thursday alone and created more back-breaking work for people along the East Coast, where shovelling has become a weekly chore — sometimes a twice-weekly one.

"Snow has become a four-letter word," said Tom McGarrigle, chairman of the Delaware County Council, in suburban Philadelphia, where snow fell above the 15-cm mark for the fourth time this season, a first in the city's history. Washington, D.C., had at least 20 centimetres of snow, shutting down federal offices and the city's two main airports. New York City took nearly 25 centimetres. The Boston area was expecting 10 to 15, while Connecticut and Massachusetts were looking at 30 or more.

THE ASSOCIATED PRESS

Treacherous

At least 18 dead

At least 18 deaths, most of them in traffic accidents, were blamed on the storm as it made its way across the South and up the coast.

Among the victims was a pregnant woman who was struck and killed by a snowplow in New York City. Her baby was delivered in critical condition via cesarean section.

The dead also included a man hit by a falling tree limb in North Carolina and a truck driver in Ashburn, Va., who was working to clear snowy roads and was hit by a dump truck.

RCMP search for Whistler stuntman

A dramatic YouTube video that shows a couple hooting and hollering in a gondola at the Whistler ski resort before the man leaps off and unfurls a parachute nearly half a kilometre above the valley has turned the jumper into both an Internet hit and a wanted man.

In the video, which had been viewed more than 130,000 times Thursday, a young man dons a helmet cam and steps out of a cabin hanging from the Peak 2 Peak gondola, which connects Whistler and Blackcomb mountains.

Then he jumps, parachuting safely into the valley below.

Now, police have arrested a 23-year-old woman and are looking for the jumper, believed to be a 25-year-old Ontario man living in Vancouver.

RCMP Staff Sgt. Steve LeClair said police plan to recommend charges of mischief over $5,000 against the man. The woman was arrested on Wednesday and may face charges of obstruction of justice and mischief over $5,000.

The gondola incurred more than $10,000 in damage, said LeClair.

Wayne Wiltse, lift maintenance manager at Whistler Blackcomb, said the man may have hiked to the top of the sliding centre and skied out.

"They compromised the safety of the components, which is a huge concern to us," said Wiltse.

THE CANADIAN PRESS

A screen grab from the YouTube video at the Whistler ski resort. YOUTUBE

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Revamp on the way: Kenney

The next spate of changes to Canada's controversial temporary foreign workers program will likely include a limited fast track for workers in high-demand professions in regions of the country with low unemployment, says Employment Minister Jason Kenney.

The government plans to introduce round two of its changes to the program in April, Kenney said in an interview.

"There's no doubt we've seen abuses that really tick me off, and that's one of the reasons that we changed some of the rules last year," Kenney said.

The next round of changes appear to be aimed at addressing complaints from businesses, trade associations and even some labour unions that have bemoaned the procedural red tape and lengthy delays that quickly resulted from the earlier rule changes.

THE CANADIAN PRESS

Cooking up a carnival

Workers set up a mannequin figure depicting the King of the Carnival during preparations on Thursday for the 130th Nice Carnival parade in Nice, France. The 130th Nice Carnival will celebrate the theme "King of gastronomy." LIONEL CIRONNEAU/THE ASSOCIATED PRESS

Newfoundland

Incorrect breast cancer test results

Nine patients in Newfoundland and Labrador had incorrect breast cancer test results, resulting in overly aggressive treatments for them, the province's largest health authority said Thursday.

Eastern Health has launched an investigation to determine what caused the false results.

THE CANADIAN PRESS

Vancouver

Accused rioter denies assault

Carlos Barahona Villeda, one of four men on trial for an alleged assault on a so-called Good Samaritan during Vancouver's Stanley Cup riot, testified Thursday that he was only trying to pull away a friend, who had joined in on the beating, but wasn't involved himself.

THE ASSOCIATED PRESS

Would you pay to be locked up?

They'll let you out ... eventually. Escape games force players to use wits to win freedom

KATE WEBB
Metro in Vancouver

If you've ever wanted to pay to be locked in a room from which you must complete puzzles to escape, then this new Richmond, B.C. game facility is for you.

EXIT has four themed rooms: The Lost Ship, Ancient Egypt, Prison Escape and Laboratory Escape. Groups of anywhere from two to six people have 45 minutes to figure out how to get out by using critical thinking skills to solve challenges and riddles.

"It involves a lot of different skills to solve," said owner Justin Tang, who discovered the concept in his homeland of Hong Kong, where it is wildly popular.

"You need some basic math and you need teamwork, so it's not only thinking; it might be some action where you have to co-operate with a teammate."

The "real life escape room" business was inspired several years ago by "escape room" video games popularized in Japan, and has already taken off in the U.S., England, Switzerland, Japan, Taiwan, Malaysia, Thailand and Mainland China.

Swiss company Adventure Rooms has a similar facility in Kitchener, Ont.

Tang said business is booming and he has already had about 7,000 players come through since he opened in October.

"I've been in Canada for over 16 years, and I really think that, especially in British Columbia, we need more entertainment," he said, chuckling.

"I explored around the world and I found this idea, and I think that Canadians definitely enjoy this kind of experience, and so far what I've heard from my customers is positive."

Tang added he has already had franchise inquiries from San Francisco, Montreal and Toronto.

He has booked players as young as nine, but because of the sophistication of the game, he said it is recommended for ages 16 and up. The cost per game is $22.99 per person plus GST.

Laboratory Escape is one of four theme rooms at EXIT, a "real life escape game" facility in Richmond, B.C. COURTESY EXIT CANADA

Facebook expands its gender identity choices

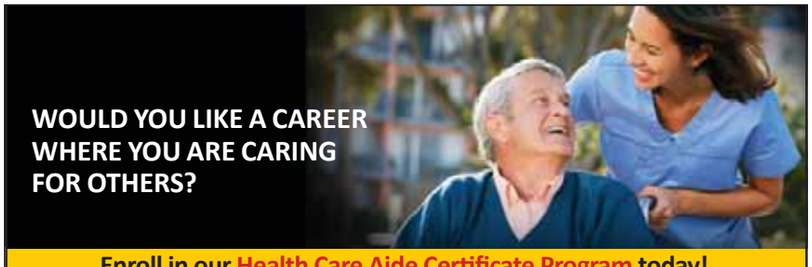
You don't have to be just male or female on Facebook anymore. The social media giant is adding a customizable option with about 50 different terms people can use to identify their gender as well as three preferred pronoun choices: him, her or them.

Facebook said the changes, set to launch on Thursday, initially cover the company's 159 million monthly users in the U.S. and are aimed at giving people more choices in how they describe themselves, such as androgynous, bi-gender, intersex, gender fluid or transgender.

"There's going to be a lot of people for whom this is going to mean nothing, but for the few it does impact, it means the world," said Facebook software engineer Brielle Harrison, who worked on the project and is herself undergoing gender transition, from male to female.

Facebook staffers said the expanded options were never questioned, from CEO Mark Zuckerberg on down.

"Really, there was no debate within Facebook about the social implications at all," said Alex Schultz, director of growth. "It was simple: Not allowing people to express something so fundamental is not really cool so we did something. Hopefully a more open and connected world will, by extension, make this a more understanding and tolerant world." THE ASSOCIATED PRESS



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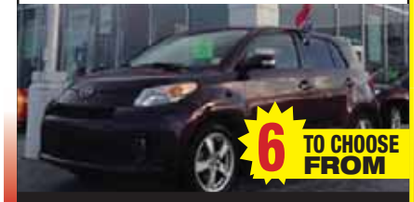

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Pink Panther gang. Spain arrests suspected jewelry thief of notorious group

A suspected member of the notorious Pink Panther gang of jewelry thieves believed responsible for hundreds of robberies across the world has been arrested in Spain, police said Thursday.

Borko Ilincic, 33, was arrested in the central town of Alcalá de Henares on Tuesday, police said in a statement. The Serbian was carrying a false Bosnian passport.

A National Court official said a judge on Wednesday ordered that Ilincic be kept in jail while the United Arab Emirates starts extradition proceedings. He can be held up to 40 days.

The official spoke on condition of anonymity because the regulations of his job bar him from identifying himself by name.

Interpol says Ilincic is a suspect in the 2007 Wafi Mall robbery in Dubai where the robbers made off with around 11 million euros ($16.5 million CAD) in jewelry.

The Pink Panther group, named after the 1963 movie starring Peter Sellers, is believed to be a loose network of some 800 criminals, which Interpol suspects is behind nearly 300 robberies in 35 countries since 1999, stealing jewelry worth some 350 million euros.

THE ASSOCIATED PRESS

2007 Robbery

16.5M

Interpol says Ilincic is a suspect in the 2007 Wafi Mall robbery in Dubai where the robbers made off with around $16.5 million CAD in jewelry.

Russia meets with Egypt to promote closer ties

Russian President Vladimir Putin, right, shakes hands with Egypt's military chief, Field Marshal Abdel-Fattah el-Sissi, in the Novo-Ogaryovo residence outside Moscow on Thursday. Putin wished el-Sissi victory in the nation's presidential vote as Moscow sought to expand its military and other ties with a key U.S. ally in the Middle East.

MIKHAIL METZEL/PRESIDENTIAL PRESS SERVICE/RIA NOVOSTI/THE ASSOCIATED PRESS

'I wish you success.' Putin's statement could be a reflection of predictions in Egypt that el-Sissi will win the presidential vote

Russian President Vladimir Putin on Thursday wished Egypt's military chief victory in the nation's presidential vote, even though he has yet to announce his bid — a strong endorsement signalling Moscow's desire to expand its military and other ties with a key U.S. ally in the Middle East.

Putin appeared to be capitalizing on a growing move by Gulf nations — particularly Saudi Arabia — to move the Middle East off its traditional reliance on the United States.

Egyptian Field Marshal Abdel-Fattah el-Sissi's visit to Moscow comes amid reports of a $2 billion Egyptian arms deal with Russia to be funded mainly by Saudi Arabia and the United Arab Emirates, which is part of Egypt's shift to reduce reliance on the United States.

"The United States' influence is steadily waning in the region for several years," said Gamal Abdel-Gawad, a political analyst at Cairo's Al-Ahram Center for Political and Strategic Studies. "Traditional allies like the Saudis are becoming more and more suspicious, and U.S. credibility in the region is at stake."

Without naming the United States, the Kremlin criticized what it regards as U.S. interference in the internal affairs of other countries. Russia's ties with the U.S. have been badly strained by disputes ranging from Syria's civil war, to missile defence plans in Europe, to Moscow's human rights record.

THE ASSOCIATED PRESS

Teary colleagues

Lawmaker uses pepper spray in Indian Parliament

A lawmaker sprayed pepper spray inside India's Parliament on Thursday, creating chaos that left his colleagues coughing and crying as they were ushered from the hall, in a protest over a long-contentious proposal to create a new southern state. Lawmakers had been set to vote on whether to create Telangana state from the mostly poor, inland districts of Andhra Pradesh. For months as it has been drafted, the plan has inspired passionate protests and arguments for keeping the state unified. A key point of contention has been the proposal to include wealthy tech and industrial hub Hyderabad within Telangana.

THE ASSOCIATED PRESS

Syrian airstrikes

Shelling kills 400 this month in Aleppo rebel area

The United States and Russia promised to try to break the stalemate in Syria peace talks, a UN mediator said Thursday, as Syrian activists said government shelling and airstrikes with makeshift barrel bombs killed about 400 people in the country's largest city so far this month. A second round of peace talks in Geneva has offered a rare opportunity for conversation, but yielded little more than acrimony. The violence has escalated on the ground and delegates in Geneva have failed to even agree on an agenda for the talks. The bombings in Aleppo are part of a campaign by President Bashar Assad's forces to wrest control of areas seized by rebels.

THE ASSOCIATED PRESS

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Sun rises on world's largest thermal solar power plant

Mojave Desert. The $2.2B complex is 'dawn of a new era in power generation' in the U.S.

A windy stretch of the Mojave Desert once roamed by tortoises and coyotes has been transformed by hundreds of thousands of mirrors into the largest solar power plant of its type in the world, a milestone for a growing industry that is testing the balance between wilderness conservation and the pursuit of green energy across the American West.

The Ivanpah Solar Electric Generating System, sprawling across roughly 13 sq. kilometres of federal land near the California-Nevada border, formally opened Thursday after years of regulatory and legal tangles ranging from relocating protected tortoises to assessing the impact on Mojave milkweed and other plants.

The $2.2 billion US complex of three generating units, owned by NRG Energy Inc., Google Inc. and BrightSource Energy, can produce nearly 400 megawatts — enough power for 140,000 homes. It began making electricity last year.

Larger projects are on the way, but for now, Ivanpah is being described as a marker for the United States' emerging solar industry. While solar power accounts for less than 1 per cent of the nation's power output, thousands of projects from large, utility-scale plants to small production sites are under construction or being planned, particularly across the sun-drenched Southwest.

The opening of Ivanpah is "a dawn of a new era in power generation in the United States," said Rhone Resch, president of the Solar Energy Industries Association, a trade group. "We are going to be a global leader in solar generation." THE ASSOCIATED PRESS

Dawn of a new era? The Ivanpah Solar Electric Generating System, sprawling across roughly 13 square kilometres of federal land near the California-Nevada border, opened formally Thursday after years of regulatory and legal tangles. THE ASSOCIATED PRESS

Molson Coors hopes Olympic fizz keeps bubbling

Molson Coors can't replicate the buzz from the Vancouver Winter Games, but the brewer hopes its red fridge in Sochi will do more than just quench the thirst of Canadian Olympic supporters.

"It certainly will have benefit during the Olympics but the real benefit we are looking for is long-lasting benefit that comes from brand equity building," Stewart Glendinning, CEO of Molson Coors Canada, said Thursday after reporting 2013 results.

"It's definitely having a great halo on Molson Canadian."

The bright red machines at Canada House allow those with a Canadian passport to open them for free beer and have been prominently featured in news reports, offering the brewer free advertising.

Meanwhile, the official sponsor of the Canadian Olympic team has also challenged the loyalties of U.S. Olympic team sponsor AmBev, owner of Budweiser and Labatt, in a double-page colour newspaper ad. "Hey Bud, which side are you on," says the tag line.

Glendinning called the ad a tongue-in-cheek laugh at its competitor. But it masks a serious battle over Olympic sponsorship in Canada. The Canadian Olympic Committee has threatened to fight a campaign by Labatt Breweries it says is misleading Canadians by associating the Budweiser brand with the Olympics in Canada.

In addition to duking it out over the Olympics, the two brewers continue to compete fiercely in Canada to win the loyalty of beer drinkers.

While Molson Canadian increased both volume and market share last year, its flagship Coors Light brand underperformed in Canada. THE CANADIAN PRESS

Went flat

Stewart Glendinning, CEO of Molson Coors Canada, attributed the weaker performance in Canada partly to poor execution from advertising and a failure to convince enough shoppers to buy the product.

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Lac-Mégantic victims aim to sue Ottawa

Quebec train disaster. Class-action lawsuit has expanded, claiming government was 'grossly negligent' in oversight

Victims of the Lac-Mégantic train disaster want to sue Ottawa for allegedly failing to prevent a railway with the poorest safety record in North America from shipping highly explosive cargo through their town.

A runaway train carrying crude oil derailed last summer and exploded in the centre of the Quebec community, killing 47 people and destroying part of the downtown core.

The lead lawyer for an existing class-action suit has now expanded the long list of defendants to include the Attorney General of Canada, which delegates regulatory powers to the Canadian Transportation Agency and Transport Canada.

In the document, lead lawyer Daniel Larochelle alleges Transport Canada did not sufficiently sanction the Montreal, Maine & Atlantic Railway, even though the department was aware of the company's repeated violations, including train drivers allegedly failing to apply a sufficient number of brakes. THE CANADIAN PRESS

First filed in July

The class-action was first registered in July and targets numerous defendants, including the MM&A, its chairman Ed Burkhardt, train driver Tom Harding and companies allegedly responsible for the crude oil on board the train.

Roses are red, violets are blue, your flowers go through customs on their way to you

A group of U.S. Customs and Border Protection officials check imported flowers at Miami International Airport on Jan. 9. Before millions of Americans can present their loved ones with a bouquet of Valentine's Day roses, most of the flowers are flown from Colombia and Ecuador to Miami, many in the bellies of passenger planes. There, cargo handlers and customs agents — call them Cupid's helpers — ensure that the deep red petals stay perfect until they reach their final destination. In the weeks leading up to Valentine's Day, about 738 million flowers — 85 per cent of imported flowers — come through the Florida airport. Los Angeles is a distant second, with 44 million. THE ASSOCIATED PRESS

Market Minute

DOLLAR
91.10¢
(+0.17¢)

TSX
14,001.65 (+101.16)

OIL
$100.35 US (-$0.02)

GOLD
$1,300.10 US (+$5.10)

Natural gas: $5.22 US (+$0.39)
Dow Jones: 16,027.59 (+63.65)

How to protect consumers?

Goliath Comcast grows even larger with Time Warner

Comcast is creating a dominant force in American entertainment and presenting federal regulators with an equally outsized quandary: How should they handle a conglomerate that promises to improve cable TV and Internet service to millions of homes but also consolidates unprecedented control?

Comcast, which was already the No. 1 pay TV and Internet provider in the U.S., says its $45.2 billion US purchase of Time Warner Cable will provide faster, more reliable service to more customers. THE ASSOCIATED PRESS

GOD WILL MAKE A WAY

Are you stocked by barriers and obstacles and cannot move forward? Consider the word of God which says "See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness" (Isaiah 43:19 NIV). Trust in the Lord and He will make a way for you.

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MODEL SHOWN: ODYSSEY TOURING

#Limited time lease offers based on new 2014 Honda models. Lease examples based on a new 2014 Civic DX, model FB2E2EEX/2014 CR-V LX SE, model RM3H3EES/2014 Odyssey SE, model RL5H3EE, available through Honda Financial Services on approved credit. £2.99%/1.99%/3.99% lease APR for 60/60/60 months. Bi-weekly payment, including freight and PDI, is $88.00/$148.00/$197.00. Down payment of $0/$0/$0, environmental fees, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $11,440/$19,240/$25,610. Taxes, license, insurance, environmental fees and registration are extra. 120,000/120,000/120,000 kilometre allowance; charge of $0.12/km for excess kilometres. Retailer may lease for less. Retailer order/trade may be necessary. ‡MSRP is $17,185/$28,684/$33,685 for a new 2014 Civic DX, model FB2E2EEX/2014 CR-V LX SE, model RM3H3EES/2014 Odyssey SE, model RL5H3EE, and includes $1,495/$1,695/$1,695 freight and PDI. Taxes, license, insurance, environmental fees and registration are extra. Retailer may sell or lease for less. Retailer order/trade may be necessary. *Offer valid on select new unregistered 2014 Honda Civic, CR-V and Odyssey models when purchased/leased, registered and delivered during the offer period. #/£/‡/* Prices and/or payments shown do not include a PPSA lien registration fee of $10.76 and lien registering agent's fee of $5.25, which are both due at time of delivery. Offers valid from February 13, 2014 through February 17, 2014 at participating Honda retailers. All participating retailers are closed Sunday, February 16, 2014. Offers valid only for Alberta residents at Honda Dealers of Alberta locations. Offers subject to change or cancellation without notice. Visit HondaAlberta.ca or see your Honda retailer for full details.

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2007 Honda Pilot EX-L RES B5671
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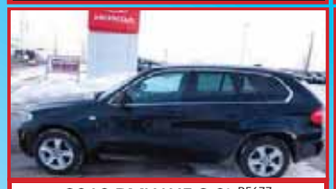

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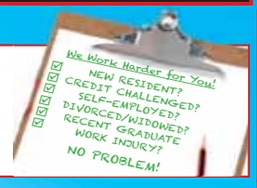

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MEDAL FOR MOST EMBARRASSING DAD

THE METRO LIST

Mike Benhaim
metronews.ca

1 #GoCanadaGo. There's no greater story than three hot sisters representing our country at the Olympics. The fact that two of them beat everyone else was just a welcome bonus. To the Dufour-Lapointe family of Quebec, I say "Bravo!" because they deserve it, and also because it's the same word in French and I don't want to offend Pauline Marois.

2 What a luger. After finishing 22nd in men's luge, American Tucker West became talk of the tweets when his dad told the world he was single and shy. Moments later he had prom invitations, marriage proposals, and I imagine, some freaky propositions. Like I always suspected: Ladies love luge. #TeamTucker

3 American Idol. Fresh off their flights, contestants were assembled at an airport hangar outside LAX where some were asked to re-audition. Judges divided the group into one bus headed for the hotel, and another directly back to the airport. They could have done it before departure, but apparently once you tell someone they're going to Hollywood, you actually have to take them to Hollywood.

4 Playing ball. Missouri college football star Michael Sam declared his homosexuality and lit up every media possible. Some of the NFL's execs and coaches issued an "anonymous" statement to Sports Illustrated saying that they expect Sam's draft position to drop, and added "I don't think football is ready for an openly gay player yet." It's true, the NFL is not ready to handle the fact that those are their best players.

5 Bieb-wacked. Blake Griffin is the star power forward for the L.A. Clippers: 24 years-old, an all-star, rich, talented and possessing an inspirational work ethic. A hero. So when a false rumour circulated that Griffin intervened during a Justin Bieber meltdown at a Starbucks in West Hollywood, and slapped the young singer, it spread across social media like wildfire. Why? Because so many of us wanted it to be true.

6 Polly-Wolly Doodle. The good ship lollipop sailed into the sunset this week when the world lost one of Hollywood's earliest movie megastars in Shirley Temple. Even more surprising was the outpouring of love from people of all ages who cited Temple as their inspiration. If there's a Twitter in heaven (and let's face it, there must be), then she would be very proud of her legacy. #RIP-Shirley

7 To my wifey. I'll just say this: Whatever anyone thinks of me, it would be much worse if I didn't have you. Happy Valentine's Day. If ever there were a time to let your significant other know how special he or she is, it's today. Gift, card, candy — as long as it comes from the heart. You can make an online proclamation of affection (or mention your special someone in a newspaper column) but beware that what you're really saying is, "I ain't spending no $100 on flowers!"

Follow The Metro List on Twitter @TheMetroList

ZOOM

Ahead of the rest in Sochi

Hurtling headfirst down an icy track at 125 kilometres per hour without brakes takes skill. And thanks to their helmets, the Canadian Olympic skeleton team does it in style. THE CANADIAN PRESS

1. Sarah Reid, from Calgary, heads down the track wearing the face of a stylized corpse with a maple leaf backdrop. DITA ALANGKARA/THE CANADIAN PRESS

2. Eric Neilson of Kelowna, B.C., touches on the dark side with his demon head and piercing eyes. DITA ALANGKARA/THE CANADIAN PRESS

4. Mellisa Hollingsworth, a native of Eckville, Alta., dug into her love of sliding and horses with a horse skull design. DOUG PENSINGER/GETTY IMAGES

3. John Fairbairn, from Calgary, has decorated his brain bucket with a glowing brain. DITA ALANGKARA/THE CANADIAN PRESS

Sarah Reid

"The girl on the front is kind of feminine and girly ... I'm a bit of a girly girl. But I'm in kind of a hardcore sport so it's a Day of the Dead image."

Eric Neilson

"There's two sides of me. There's a fun, happy go-lucky kind of guy and then there's a guy that's kind of all business ... So when I put the helmet on, it's kind of business time."

John Fairbairn

"We were racing at a track in Germany a number of years ago and the track announcer started calling me Fairbrain. And one of our (coaches) kind of picked up on that."

Mellisa Hollingsworth

"I grew up on a ranch in Alberta. Horses have been a part of my life. The last couple of summers I've competed professionally in barrel racing, (on) the rodeo circuit."

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

Listen. Don't panic if you're just learning this now, but today is Valentine's Day. There's still time to make things right, and you can handle it all via your smartphone — which is your actual true love, anyway.

RICHARD ELZEY/FLICKR

Shuttersong:

This is about as simple a solution as you're going to find. Snap a selfie of you at your most fetching, and send it along to your sweetie accompanied by a gooey, lovelorn audio note or an impromptu ballad. Crisis averted. (iOS/Free)

Telegram Stop:

Is your target savvy enough to see through your Shuttersong scrambling? This app allows you to type a message that will then be sent to your paramour's mailbox as a classic, old school telegram. Like 1800s classic. "What, your valentine didn't arrive? Last time I trust wild west technology for something so important!" Smooth. (iOS/$7.15 per telegram)

My Valentine Recipes:

Sharper in the kitchen than you are with your diction? Put the love notes aside in favour of more than 100 romance-themed dishes and desserts, complete with easy to follow instructions and a simple shopping list creator to make the Valentine's Day rush quicker. Though, any day is a good day for a bloody mary shrimp cocktail. (iOS/$0.99)

Twitter

@metropicks asked: .@Barbie graces Sports Illustrated cover and is 'unapologetic.' What message does it send?

@Canucklehead_ca: Meh. @Barbie is no less plastic than most of the previous covers. Only thing possibly offensive is the blatant commercialism.

@mtlkeith: Its a freakin doll.:((

@theReal_KPHILL: @Barbie @mattel is getting desperate creating controversy, Barbie can't compete to today's youth influences.

@roboramma: that they ran out of ideas and this was their last resort? @Barbie #goodwork

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Synopsis

Just in time for Valentine's Day comes Winter's Tale, the romantic time travel tale of Peter Lake (Colin Farrell), a turn-of-the-last century burglar who comes across the love of his life while robbing a mansion he thought was empty. Beverly Penn (Downton Abbey's Jessica Brown Findlay), the beautiful-but-doomed daughter of a wealthy newspaper tycoon, is a precocious and philosophical young woman with just months to live. He wants to save her, but first he must save himself from evil crime lord Pearly Soames (Russell Crowe), a brutal man who wants Lake dead. Then, in a twist suggested by the Brothers Grimm, he finds himself thrust 100 years into the future with only the faded memory of Beverly and a white guardian angel horse as company.

- Richard: ●○○○○
- Mark: ●●○○○

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

It's a testament to Colin Farrell's charm that Winter's Tale doesn't completely fall flat. CONTRIBUTED

Lovers in a mystical time

Winter's Tale. The Reel Guys aren't buying this Colin-Farrell-fronted story of love, time travel and a flying horse

Richard: Mark, I am not a cold-hearted man. I like love stories as much as anyone and, as a fan of Say Anything, almost well up whenever I hear Peter Gabriel's In Your Eyes. But the sledgehammer romance of Winter's Tale left me feeling bruised rather than buoyed. The mix of metaphysical romance, magic realism and demonic revenge is a strange stew that worked well in the book by Mark Helprin but seems to have lost something in the translation to the screen. I feel the sight of Colin Farrell flying above New York on a winged Pegasus is best left in the mind's eye.

Mark: Richard, sometime in the '80s, I was dating a girl who gave me a copy of the book, which she said was the "greatest novel of all time." I read about a third of it, tossed it on the floor, and subsequently broke up with her. So obviously the story, with its magic/tragic, hocus/pocus view of romance isn't for me. This is not a poorly made movie. It's lovely to look at, has some fine acting, and has a lot of good dialogue mixed in with the bad. But Richard, there's a magic horse in it. That horse will separate those who will be enthralled by the film from those who think it's embarrassing hooey. Guess which group I fall into?

RC: I'm with you on the Pegasus and it's a credit to the charm of Colin Farrell and Findlay that the romantic side of the tale comes alive at all. The first meeting between Peter and Beverly, over a cup of tea, is simple, effective and bristles with starry-eyed tension. More of that and less of the magic horse and I might have bought into the story. As it was I felt like I was strapped to a chair and force-fed all the Valentine's Day episodes of Touched by an Angel. What did you make of Russell Crowe? He seemed like he was having fun with his demonic gangster routine, but did it work for this movie?

MB: Yes, Crowe is one of the things in the movie that worked for me. It was the casting of his boss that was ridiculous, a preposterous cameo that threw off the already precarious balance of the film. When he came onscreen, there was no turning back from its silliness. But even if I accept the movie on its own ridiculous terms, it still has a major problem. It's like a two act play, but the two halves don't cleave together. The second act, which happens in present day New York, feels rushed and arbitrary. At least the first act takes some time building characters and mood. What did you think of the female lead, Jessica Brown Finlay?

RC: She's beautiful, a little frail and doesn't get buried by the schmaltz. I thought she was nicely cast.

MB: As was William Hurt. Always nice to see him working again.

Science IN THE Cinema
ASK A HEALTH RESEARCHER: IS IT SCIENCE OR FICTION?

Saturday, February 15th, 2014 1:00 PM

PG

A white blood cell, with the help of a cold pill, must stop deadly bacteria from destroying their human host.

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Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to RottenTomatoes.com. **Ratings:** *Certified Fresh:* *Fresh:* *Rotten:* *Audience response:* *Audience anticipation for the film:*

Drama

Endless Love

Director. Shana Feste

Stars. Alex Pettyfer, Gabriella Wilde

Alex Pettyfer and Gabriella Wilde star in Endless Love, the story of a privileged girl and a charismatic boy whose instant desire sparks a love affair made only more reckless by parents trying to keep them apart. Endless Love was inspired by the 1979 novel and 1981 film of the same name.

Rotten Tomatoes™ score
Critics: 30% **Audience:** 89%

Comedy/Romance

About Last Night

Director. Steve Pink

Stars. Kevin Hart, Michael Ealy, Regina Hall

A modern reimagining of the 1986 romantic comedy starring Rob Lowe and Demi Moore, this contemporary version closely follows new love for two couples as they journey from the bar to the bedroom and are eventually put to the test in the real world.

Rotten Tomatoes™ score
Critics: 100% **Audience:** 90%

Animation

The Lego Movie

Director. Phil Lord, Christopher Miller

Stars. Chris Pratt, Elizabeth Banks

This story follows Emmet (Chris Pratt) an ordinary, rules-following, perfectly average LEGO minifigure who is mistakenly identified as the most extraordinary person and the key to saving the world. He is drafted into a fellowship of strangers on an epic quest to stop an evil tyrant.

Rotten Tomatoes™ score
Critics: 100% **Audience:** 96%

Films to remind us life isn't all love and roses

If only we could erase past loves from our memory, like in Eternal Sunshine of the Spotless Mind. CONTRIBUTED

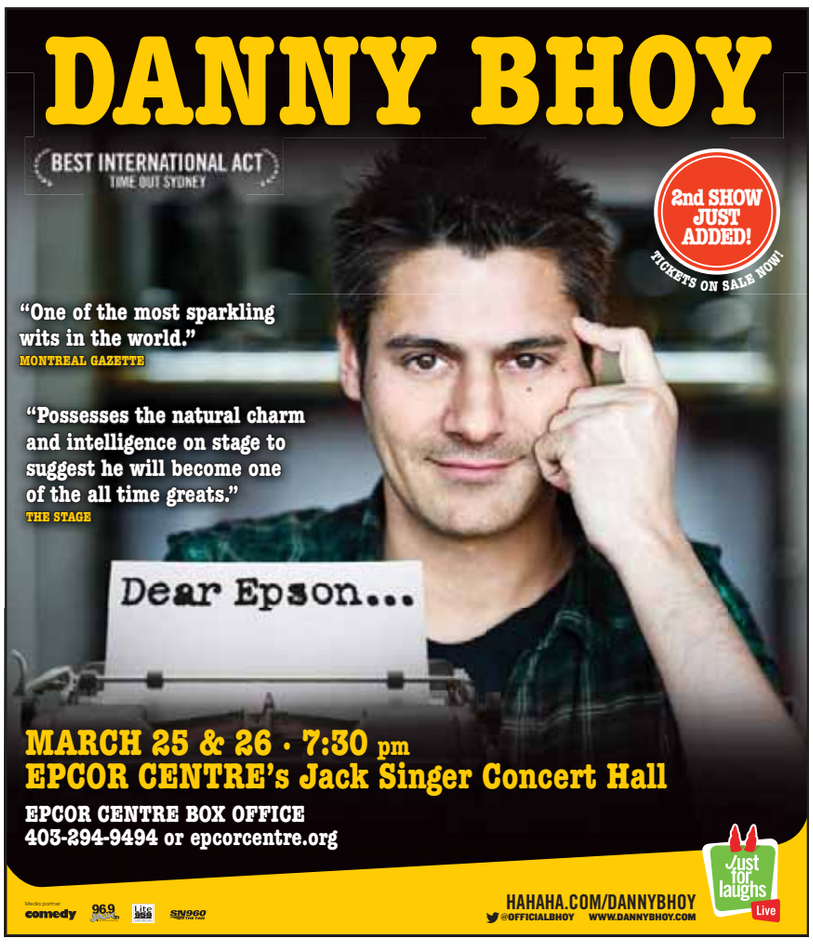
MATT PRIGGE
Metro World News in New York

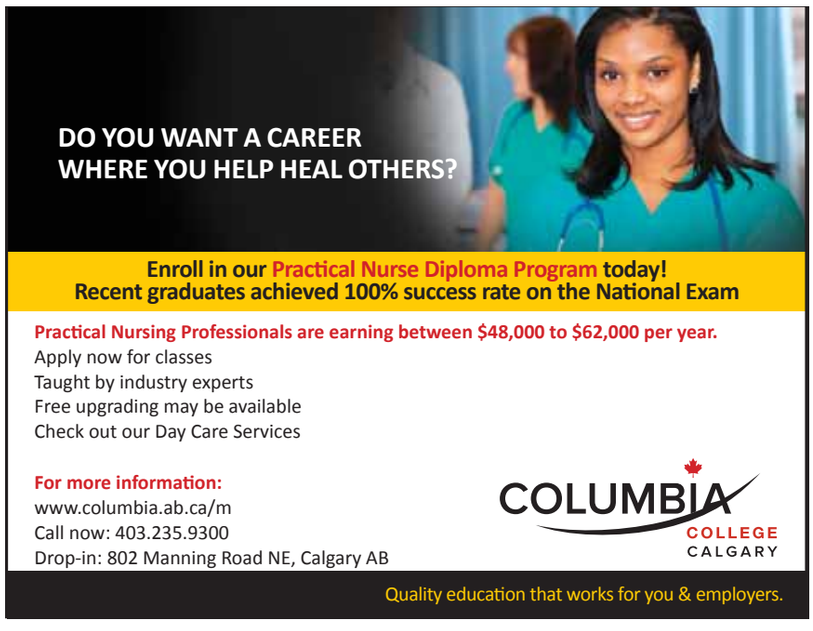
It's Valentine's Day, which doesn't mean you need to torture yourself with a film affirming the power of love. Instead, snuggle up with one that speaks to the other extreme: that love can die.

Gone With the Wind (1939)
Deplorable ode to the South rising again or the artistic pinnacle of the Hollywood studio system? It's both — and it's also one of the great anti-romances. Shot down by Ashley Wilkes (Leslie Howard), Scarlett O'Hara (Vivien Leigh) instead toys with the affections of dashing ladies' man Rhett Butler (Clark Gable). After 3 ¾ hours of being jerked around, he's finally had enough. His weary kiss-off — "Frankly, Scarlett, I don't give a damn" — has been replayed till it barely has any meaning, but it's truly one of the most badass eff-yous in the movies.

We Won't Grow Old Together (1972)
Best. Title. Ever. In Maurice Pialat's unforgiving, powerfully unsentimental drama, we see the last throes of the union between a miserable, forty-something filmmaker (Jean Yanne) and his much younger girlfriend (Marlène Jobert, Eva Green's mom). Perhaps once he was alluring, but his career has stagnated and he's become an emotionally abusive cad who's gotten too used to having an understanding, weak-willed paramour." (His "pet name" for her appears to be "rat.") It's an insightful examination of mutual neediness.

Eternal Sunshine of the Spotless Mind (2004)
Oh, if we could erase the bad memories of a failed relationship, as Jim Carrey's sad sack does in Charlie Kaufman and Michel Gondry's manic break-up fantasy. Crippled after his relationship with free-spirit alkie Kate Winslet ends horribly, he finds that his solution only makes him long for the good times being zapped from his brain along with the bad. As Woody Allen concluded in Annie Hall, we repeatedly put ourselves through the often atrocious and upsetting process of dating because "we need the eggs." If only we didn't.





The Danes are eyeing Oscar again

The Hunt's director originally imagined a young Robert de Niro in Mads Mikkelsen's role. CONTRIBUTED

The Hunt. Story about a modern day witch hunt, starring Mads Mikkelsen, in running for best foreign film

Quoted

"It was really awesome when I got Mads. But I had to rewrite the script."

The Hunt director Thomas Vinterberg

When Danish director Thomas Vinterberg wrote the script for The Hunt — one of this year's contenders for best foreign language film — he pictured a young Robert de Niro as the lonely teacher whose life crumbles because of an innocent lie.

But when fellow Dane Mads Mikkelsen, known for his roles as the icy villain in the James Bond movie Casino Royale and the brilliantly evil Hannibal Lecter on TV's Hannibal, signed on, his vision changed.

"It was really awesome when I got Mads," he said. "But I had to rewrite the script."

Vinterberg says his original idea was that the lead character, Lucas, would be a young, tough blacksmith. However, he toned it down and turned him into a humble, quiet kindergarten teacher, popular with the children.

The small-town teacher becomes the victim of a modern witch hunt over a five-year-old's false accusation of pedophilia.

"I changed it because I thought it would be a much more interesting combination," he said.

Vinterberg won't speculate about the chances of his film winning the Academy Award, which would be Denmark's fourth foreign-language Oscar.

The small Scandinavian country's reputation for filmmaking could help his chances.

Gabriel Axel, who died Sunday, won Denmark's first foreign film Oscar for Babette's Feast in 1987 and Bille August's Pelle the Conqueror won the award a year later.

Susanne Bier was the 2011 winner with In a Better World.

And enfant terrible director Lars von Trier has brought Danish films a whole new audience.

Vinterberg himself broke into the international spotlight some 16 years ago for The Celebration, a twisted family drama that won the Special Jury Prize at Cannes in 1998.

Its minimalist production techniques shared with Von Trier — hand-held cameras, no props, lighting or special effects — gave him a reputation as a director to watch.

Now, having abandoned those techniques, he may get one of film's top awards.

THE ASSOCIATED PRESS

Tough race

The Hunt is facing some tough competition. It's up against, among others, Felix van Groeningen's Belgian entry The Broken Circle Breakdown and Italian Paolo Sorrentino's bittersweet, The Great Beauty, which grabbed the Golden Globe and is considered the favourite in the category on March 2.

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Remembering the twinkling Temple

Epitome of a child star. Shirley Temple's films were the stuff of escapist fantasy — here are some of her finest moments

Franklin Roosevelt once said: "As long as our country has Shirley Temple, we will be all right. When the spirit of the people is lower than at any other time during this Depression, it is a splendid thing that for just 15 cents, an American can go to a movie and look at the smiling face of a baby and forget his troubles."

As America's top box-office draw from 1935 to 1938, the tiny Temple gave the country some much needed escapism. Retired from movies by her early 20s, she was an early epitome of the child star, one who never fell into the kind of trouble that has haunted many young sensations since. But whereas many child stars have appealed primarily to young audiences, Temple beguiled a largely adult movie-going nation with what film critic David Thomson called her "elfin perfection": "a phenomenon who had only to be observed for an audience to be held."

Here are some of the films that Temple shined in:

Bright Eyes (1934)
It's in this film that Temple gave perhaps her most beloved performance, singing On the Good Ship Lollipop down the aisle of an airplane. The rows of adoring men (and everyone else, for that matter) swoon at the cuteness. The movies don't always have to be complicated things.

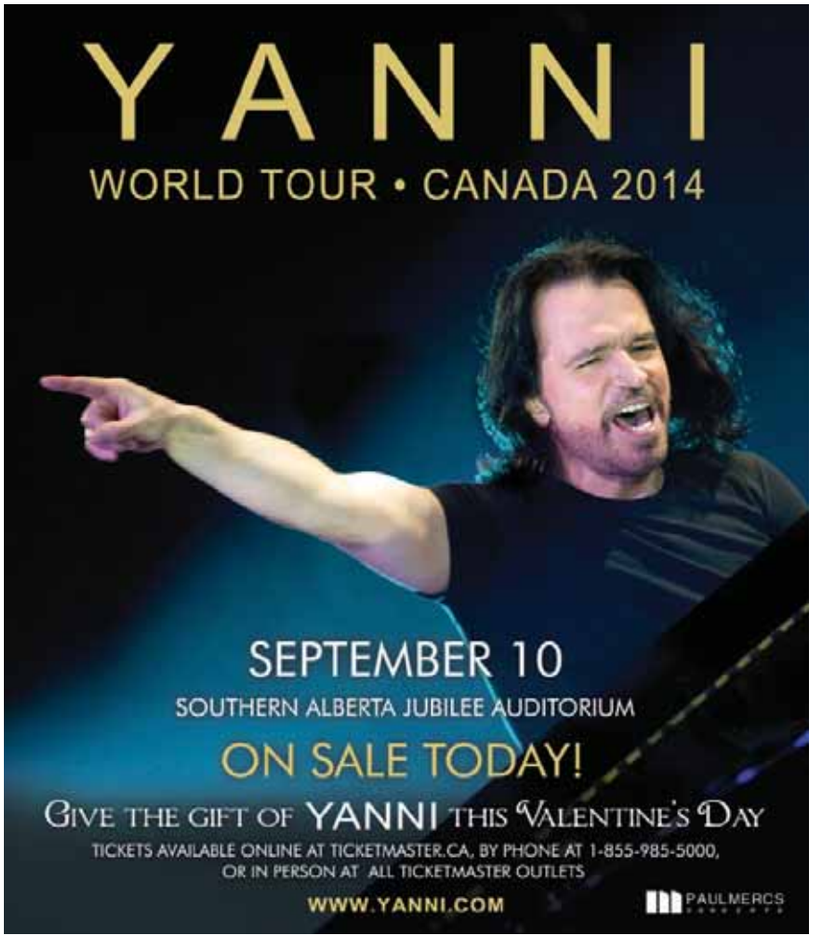
The Little Colonel (1935)
Along with The Little Rebel, this was one of two films Temple made in 1935 with the tap-dancing great Bill "Bojangles" Robinson. (They also made two other movies together.) They were a striking pair. Separated by race, decades in age and several feet in height, they were nevertheless a perfect match, particularly in their famous staircase dance sequence. The racial politics of The Little Colonel are by no means spotless (Robinson plays a broadly smiling servant), but Temple and Robinson's magical harmony in dance may have left a more powerful impression.

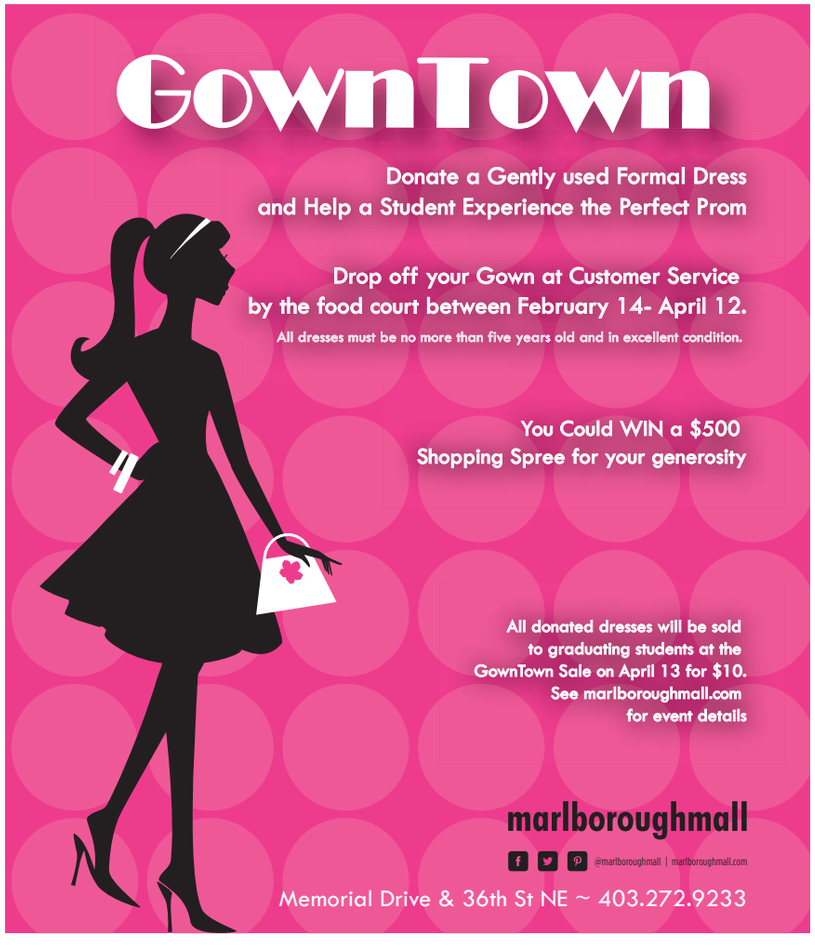
Curly Top (1935)
This film contained one of Temple's biggest hits, Animal Crackers in My Soup, in which she serenades her orphanage at mealtime, "I walk around like Noah's Ark/ I stuff my tummy like a goop." The New York Times said of Curly Top: "So shameless is (the film) in its optimism, so grimly determined to be cheerful, that it ought to cause an epidemic of axe murders and grandmother beatings." But Temple, the review noted, was irresistible, playing dramatic scenes "with the precision of a veteran actress." Though a child, Temple was often the best actor in her films.

Wee Willie Winkie (1937)
Long before John Ford teamed up with John Wayne, he (fresh off winning the best picture Academy Award with The Informer) directed the slightly more diminutive Temple in this film. Loosely based on a Rudyard Kipling short story, it's about a British regiment fighting rebels in India. Reviewing the film, novelist Graham Greene — so convinced by Temple's adult-like gestures — claimed she was just masquerading as a child. He suggested that Temple's adult admirers were responding to "her well-shaped and desirable little body, packed with enormous vitality." A subsequent lawsuit over the review bankrupted the magazine, Night and Day.

THE ASSOCIATED PRESS

Shirley Temple was often the best actor in her films. THE ASSOCIATED PRESS





THESE PAGES COVER MOVIE START TIMES FROM FRI., FEB. 14 TO THURS., FEB. 20. TIMES ARE SUBJECT TO CHANGE.

Canyon Meadows
Bay 110 13226 Macleod Trail

47 Ronin (PG) Fri-Thu 3:50-9:55
Anchorman 2: The Legend Continues (14A) Fri-Thu 1:15-4:05-6:55-9:35
The Book Thief (PG) Fri-Thu 12:50-6:45
Captain Phillips (PG) Fri-Thu 3:55-6:55
Cloudy With a Chance of Meatballs 2 (G) Fri-Thu 1:35-4
Delivery Man (PG) Fri-Thu 7:25-10
Free Birds (G) Fri-Thu 1:10-4:20
Gravity (PG) Fri-Thu 1:30-4-7:15-9:50
Her (14A) Fri-Thu 9:30
The Princess Bride (STC) Fri-Thu 1-4:10-7:30-9:45
The Saratov Approach (PG) Fri-Thu 7:20-9:45
Saving Mr. Banks (PG) Fri-Thu 12:55-3:40-6:45-9:35
The Secret Life of Walter Mitty (PG) Fri-Thu 1:05-3:45-7:10-9:55
Thor: The Dark World (PG) Fri-Thu 1:25-9:50
Walking With Dinosaurs (PG) Fri-Thu 1:30-4:15-7:05

Crowfoot Crossing
91 Crowfoot Terrace

American Hustle (14A) Fri 6:55-10:10 Sat-Mon 6:55-10 Tue-Thu 6:30-9:30
The Big Chill (STC) Sun 12:55 Wed 7
Cloudy With a Chance of Meatballs (G) Sat 11
Endless Love (PG) No Passes Fri 2:30-5:10-7:45-10:30 No Passes Sat-Mon 2:15-5:10-7:45-10:25 No Passes Tue 2:15-5:10-7:45-10:20 No Passes Wed 5:10-7:45-10:20 No Passes Thu 2:15-5:10-7:45-10:20 Star & Strollers Screening, No Passes Wed 1:30
Frozen (G) Fri-Thu 4
Frozen 3D (G) Fri-Thu 7
Frozen Sing-Along (STC) Fri-Thu 1:30
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Thu 9:35
Jack Ryan: Shadow Recruit (PG) Fri 2:15-5:15-7:50-10:25 Sat 2-4:35-7:30-10:05 Sun 4:35-7:30-10:05 Mon 2-4:35-7:30-10:05 Tue-Thu 1:55-4:35-7:30-10:05
Labor Day (PG) Fri-Thu 9:50
The LEGO Movie (G) Fri 1:35-4:10-6:45 Sat 11:05-1:35-4:10-6:45 Sun-Mon 1:35-4:10-6:45 Tue-Thu 1:35-4:20-6:45
The LEGO Movie 3D (G) Fri 2:25-4:50-7:15-9:55 Sat 11:45-2:25-4:50-7:15-9:55 Sun 2:25-4:50-7:15-9:55 Mon 11:45-2:25-4:50-7:15-9:55 Tue-Thu 2:25-4:50-7:15-9:55
The Monuments Men (PG) Fri-Mon 1:10-4:05-7:05-10:05 Tue-Thu 1:10-4:05-7:05-10
The Nut Job (G) Fri 2 Sat-Mon 12 Tue-Thu 1:45
The Nut Job 3D (G) Fri 4:35 Sat-Mon 2:20-4:35 Tue-Thu 4:10
RoboCop (PG) No Passes Fri-Thu 1:25-4:25-7:25-10:15
That Awkward Moment (18A) Fri 2:35-5:30-8-10:20 Sat-Mon 12:25-2:55-5:30-8-10:20 Tue 1:50-4:30-7:35-10:10 Wed 1:50-4:30-10:10 Thu 1:50-4:30-7:35-10:10
Vampire Academy (PG) Fri 1:45-4:20-7:10-10 Sat-Mon 11:55-2:30-5:05-7:40-10:30 Tue-Thu 2:30-5:05-7:40-10:15
Winter's Tale (PG) No Passes Fri 1:40-4:30-7:20-10:15 No Passes Sat-Mon 1:40-4:30-7:20-10:10 No Passes Tue 1:20-4:15-7:20-10:10 No Passes Wed 4:15-7:20-10:10 No Passes Thu 1:20-4:15-7:20-10:10 Star & Strollers Screening, No Passes Wed 1:30
The Wolf of Wall Street (18A) Fri-Thu 1-4:45-8:30

Eau Claire Market
200 Barlay Parade

American Hustle (14A) Fri 4-7-10 Sat-Mon 12:50-4-7-10 Tue-Thu 6-9
Dallas Buyers Club (18A) Fri 4:10-6:50-9:40 Sat-Mon 1:10-4:10-6:50-9:40 Tue-Wed 5:50-8:40 Thu 9:20
The LEGO Movie (G) Sat-Mon 12:40
The LEGO Movie 3D (G) Fri-Mon 3:40-6:30-9:20 Tue-Thu 5:30-8:20
The Monuments Men (PG) Fri 3:50-6:40-9:30 Sat-Mon 1-3:50-6:40-9:30 Tue-Thu 5:40-8:30
RoboCop (PG) No Passes Fri 4:20-7:10-10:10 No Passes Sat-Mon 1:20-4:20-7:10-10:10 No Passes Tue-Thu 6:10-8:50
The Wolf of Wall Street (18A) Fri 4:30-8:30 Sat-Mon 12:30-4:30-8:30 Tue-Thu 8:10

Landmark Cinemas 16
Country Hills
388 Country Hills Blvd.

About Last Night (14A) SR Dolby Digital, Stadium Seating Fri-Mon 1:10-3:40-6:45-9:10 SR Dolby Digital, Stadium Seating Tue-Thu 3:40-6:45-9:10
American Hustle (14A) SR Dolby Digital, Stadium Seating Fri-Mon 12:05-3:20-6:15-9:25 SR Dolby Digital, Stadium Seating Tue-Thu 3:20-6:15-9:25
Endless Love (PG) SR Dolby Digital, Stadium Seating Fri-Mon 12:40-3:10-7:30-10:05 SR Dolby Digital, Stadium Seating Tue-Thu 3:10-7:30-10:05
Frozen (G) SR Dolby Digital, Stadium Seating Fri-Thu 4:30
Frozen 3D (G) SR Dolby Digital, Stadium Seating Fri-Mon 1-7:10 SR Dolby Digital, Stadium Seating Tue-Thu 7:10
Gunday (STC) SR Dolby Digital, Stadium Seating Fri-Thu 3-6:20-9:40
Hasee Toh Phasee (PG) SR Dolby Digital, Stadium Seating Fri-Mon 12:10-6-9:20 SR Dolby Digital, Stadium Seating Tue-Thu 6-9:20
Jack Ryan: Shadow Recruit (PG) SR Dolby Digital, Stadium Seating Fri-Wed 9:45
The LEGO Movie (G) SR Dolby Digital, Stadium Seating Fri-Mon 12:30-3:15-6:10-9 SR Dolby Digital, Stadium Seating Tue-Thu 3:15-6:10-9
The LEGO Movie 3D (G) SR Dolby Digital, Stadium Seating Fri-Mon 1:30-4:05-6:40-9:30 SR Dolby Digital, Stadium Seating Tue-Thu 4:05-6:40-9:30
The Monuments Men (PG) SR Dolby Digital, Stadium Seating Fri-Mon 12:50-3:50-6:50-9:50 SR Dolby Digital, Stadium Seating Tue-Thu 3:50-6:50-9:50
The Nut Job (G) SR Dolby Digital, Stadium Seating Fri-Mon 12-3 SR Dolby Digital, Stadium Seating Tue-Thu 3
Pompeii 3D (14A) SR Dolby Digital, Stadium Seating Thu 10
Ride Along (PG) SR Dolby Digital, Stadium Seating Fri-Mon 1:45-4:40-7:50-10:15 SR Dolby Digital, Stadium Seating Tue-Thu 4:40-7:50-10:15
RoboCop (PG) SR Dolby Digital, Stadium Seating Fri-Mon 12:30-3:30-6:30-9:35 SR Dolby Digital, Stadium Seating Tue-Thu 3:30-6:30-9:35
RoboCop: The IMAX Experience (PG) SR Dolby Digital, Stadium Seating Fri-Mon 1-4-7-10 SR Dolby Digital, Stadium Seating Tue-Thu 4-7-10
That Awkward Moment (18A) SR Dolby Digital, Stadium Seating Fri-Mon 1:20-4:50-7:40-10:10 SR Dolby Digital, Stadium Seating Tue-Thu 4:50-7:40-10:10
Vampire Academy (PG) SR Dolby Digital, Stadium Seating Fri-Thu 7:20-9:55
Winter's Tale (PG) SR Dolby Digital, Stadium Seating Fri-Mon 1:30-4:15-7:15-10:05 SR Dolby Digital, Stadium Seating Tue-Thu 4:15-7:15-10:05
The Wolf of Wall Street (18A) SR Dolby Digital, Stadium Seating Fri-Mon 12:20-4:20-8 SR Dolby Digital, Stadium Seating Tue-Thu 4:20-8

Landmark Cinemas 10
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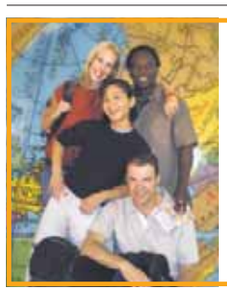
Calgarytudio
100-16061 MacLeod Trail

Endless Love (PG) Digital Presentation, Stadium Seating Fri-Thu 1:45-4:40-7:45-10:30
Frozen 3D (G) Digital Presentation, Stadium Seating Fri-Thu 1-7:10
Frozen Sing-Along (STC) Digital Presentation, Stadium Seating Fri-Thu 4
The Hobbit: The Desolation of Smaug (PG) Digital Presentation, Stadium Seating Fri-Thu 9:20
The LEGO Movie (G) Digital Presentation, Stadium Seating Fri-Thu 12:30-3:30-6:30
The LEGO Movie 3D (G) Digital Presentation, Stadium Seating Fri-Thu 1:15-4:15-7:15-10
The Monuments Men (PG) Digital Presentation, Stadium Seating Fri-Thu 12:15-3:20-7-10:10
The Nut Job (G) Digital Presentation, Stadium Seating Fri-Thu 12:50
Pompeii 3D (14A) Digital Presentation, Stadium Seating Thu 10
RoboCop (PG) Digital Presentation, Stadium Seating Fri-Thu 12:45-3:45-6:45-9:50 Digital Presentation, Stadium Seating Fri-Thu 1:30-4:30-7:30-10:20
That Awkward Moment (18A) Digital Presentation, Stadium Seating Fri-Wed 10:15
Vampire Academy (PG) Digital Presentation, Stadium Seating Fri-Thu 4:10-6:50-9:30
Winter's Tale (PG) Digital Presentation, Stadium Seating Fri-Thu 12:20-3:10-6:20-9:40
The Wolf of Wall Street (18A) Digital Presentation, Stadium Seating Fri 3:50-8 Digital Presentation, Stadium Seating Sat-Thu 12-3:50-8



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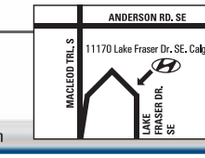

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12 Years a Slave (14A) Fri-Mon 1-4-7:10-10:35 Tue-Wed 1-4-7:10-10:10 Thu 1-4-10:10
About Last Night (14A) No Passes Fri-Sat 12:30-3-5:30-8-10:30 No Passes Sun 12:30-3-4:15-7:20-10:30 No Passes Mon 12:30-3-5:30-8-10:30 No Passes Tue-Thu 12:50-3:50-7:05-10:15
American Hustle (14A) Fri-Sat 11:45-3:15-7-10:05 Sun 7-10:05 Mon 11:45-3:15-7-10:05 Tue 3:15-7-10:05 Wed 3:15-10:05 Thu 3:15-7-10:05
The Big Chill (STC) Sun 12:55 Wed 7
Cloudy With a Chance of Meatballs (G) Sat 11
Endless Love (PG) No Passes Fri-Mon 12-2:35-5:05-7:35-10:25 No Passes Tue-Thu 1:05-4:20-7:30-10:10
Frozen (G) Fri-Mon 5:05 Tue-Thu 4:45
Frozen 3D (G) Fri-Mon 7:45 Tue-Thu 7:35
Frozen Sing-Along (STC) Fri-Mon 2:25 Tue-Thu 2:10
The Hobbit: The Desolation of Smaug (PG) Fri-Mon 11:45 Tue-Thu 1:20
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Mon 3:20-7:05-10:35 Tue-Wed 5:20-9:30 Thu 5:20
The Hunger Games: Catching Fire (PG) Fri-Mon 10:20 Tue-Thu 10:10
I, Frankenstein 3D (PG) Fri-Thu 9:55
Jack Ryan: Shadow Recruit (PG) Fri-Tue 1:35-4:10-7:25-10:25 Wed 1:35-4:10 Thu 1:35-4:10-7:25-10:25
The LEGO Movie (G) Fri 1:30-4:05-6:40 Sat 11-1:30-4:05-6:40 Sun-Thu 1:30-4:05-6:40
The LEGO Movie 3D (G) Fri-Mon 11:30-2-4:45-7:20-9:50 Tue-Thu 2-4:45-7:20-9:50
The Monuments Men (PG) Fri-Wed 1:20-4:20-7:25-10:20 Thu 4:20-7:25-10:20 Star & Strollers Screening Thu 1
The Nut Job (G) Fri-Thu 12:45-3:55
Pompeii 3D (14A) Thu 10
Ride Along (PG) Fri-Mon 12:20-3:10-5:40-8:10-10:40 Tue-Wed 12:30-4-7:05-9:30 Thu 12:30-4-7:05-10:15
RoboCop (PG) No Passes Fri-Mon 1:50-4:50-7:40-10:40 No Passes Tue-Thu 1:50-4:50-7:40-10:30
RoboCop: The IMAX Experience (PG) No Passes Fri-Thu 1:10-4:05-7:10-10:05
Takedown: The DNA of GSP (14A) Thu 7:30
That Awkward Moment (18A) Fri-Mon 12:40-3:05-5:30-8-10:30 Tue-Thu 12:40-3:20-6:50-9:40
Vampire Academy (PG) Fri-Thu 7:30-10
Winter's Tale (PG) No Passes Fri-Wed 1:40-4:30-7:15-10:15 No Passes Thu 4:30-7:15-10:15 Star & Strollers Screening, No Passes Thu 1
The Wolf of Wall Street (18A) Fri-Mon 2:40-6:30-10:15 Tue-Thu 1-5-9:35

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12 Years a Slave (14A) Sat-Mon 3:45
Bride for Rent (PG) Fri 5-7 Tue-Thu 7
The Rocky Horror Picture Show (STC) Fri 11
Sex After Kids (STC) Fri-Thu 9:15

Sunridge Spectrum
2555 32nd Street

About Last Night (14A) No Passes Fri 12:50-3:55-7:45-10:20 No Passes Sat 11:15-1:55-4:30-7:15-9:45 No Passes Sun 12:50-3:55-7:45-10:20 No Passes Mon 11:15-1:55-4:30-7:10-9:45 No Passes Tue-Thu 1:55-4:45-7:25-10:05 Bride for Rent (PG) Fri 1:20-5:20-9 Sat 1:30-4:15-9 Sun 1:20-5:20-9 Mon 1:30-4:15-9 Tue-Wed 1:40-5-9:15 Thu 1:40-4:30

The LEGO Movie. CONTRIBUTED

Cloudy With a Chance of Meatballs (G) Sat 11
Endless Love (PG) No Passes Fri 12:30-4-6:45-9:25 No Passes Sat 11:20-2-4:45-7:25-10:05 No Passes Sun 12:30-4-6:45-9:25 No Passes Mon 11:20-2-4:45-7:25-10:05 No Passes Tue-Thu 1:20-4:10-7:10-9:45
Frozen (G) Fri 12:25 Sat 11:10 Mon 11:10 Tue-Thu 1:30
Frozen 3D (G) Fri 3:15-7 Sat 1:50-4:30-7:10 Mon 1:50-4:30-7:10 Tue-Thu 4:15-7:15
Gunday (STC) Fri 1:30-5-9:10 Sat 1:20-5:10-8:55 Sun 1:30-5-9:10 Mon 1:20-5:10-8:55 Tue-Thu 1:20-7:30
The Hobbit: The Desolation of Smaug (PG) Fri 6-9:30 Sat 6:15-9:45 Sun 6-9:30 Mon 6:15-9:45 Tue-Thu 7:35
I, Frankenstein 3D (PG) Fri 9:15 Sat 9:10 Sun 9:15 Mon-Thu 9:10
Jack Ryan: Shadow Recruit (PG) Fri-Sat 9:55 Mon-Thu 9:55
The LEGO Movie (G) Fri 1-3:40-6:15 Sat 11-11:50-1:35-6:20 Sun 1-3:40-6:15 Mon 11-11:50-1:35-6:20 Tue 1-3:30-6 Wed 3:30-6 Thu 1-3:30-6
Star & Strollers Screening Wed 1
The LEGO Movie 3D (G) Fri 2-4:45-7:40-10:25 Sat 11:35-2:10-5-7:30-10:10 Sun 2-4:45-7:40-10:25 Mon 11:35-2:10-5-7:35-10:10 Tue-Thu 2-4:30-7-9:35
The Monuments Men (PG) Fri 1:15-4:05-6:55-9:45 Sat 11:45-2:35-7-10 Sun 1:15-4:05-6:55-9:45 Mon 11:45-2:35-7-10 Tue-Thu 1:10-4:05-6:55-9:45
The Nut Job (G) Fri 1:05-3:45 Sat 11:25-1:40-4 Sun 1:05-3:45 Mon 11:25-1:40-4 Tue-Thu 2:30-4:50
Pompeii 3D (14A) Thu 10
Ride Along (PG) Fri 12:40-3:10-7:05-9:35 Sat 11:30-2-4:30-7:05-9:40 Sun 12:40-3:10-7:05-9:35 Mon 11:30-2-4:30-7:05-9:40 Tue-Thu 1:30-4-7:05-9:40
RoboCop (PG) No Passes Fri 1:25-4:20-7:15-10:10 No Passes Sat 12:30-3:30-7:20-10:20 No Passes Sun 12:30-3:30-7:20-10:20 No Passes Mon 12:30-3:30-7:20-10:20 No Passes Tue-Thu 1:05-3:55-6:50-10
Takedown: The DNA of GSP (14A) Thu 7:30
That Awkward Moment (18A) Fri 12:35-3:20-7:30-10:05 Sat 11:55-2:20-6:30-9:05 Sun 12:35-3:20-7:30-10:05 Mon 11:55-2:20-6:30-9:05 Tue 1:15-3:45-6:30-9:30 Wed 1:15-3:45-9:30 Thu 1:15-3:45-6:30-9:30
Vampire Academy (PG) Fri 1:35-4:15-7:10-9:50 Sat 2:25-5-7:40-10:10 Sun 1:35-4:15-7:10-9:50 Mon 2:25-5-7:40-10:15 Tue-Thu 1-3:35-6:15-8:55
Winter's Tale (PG) No Passes Fri 1:40-4:30-7:20-10:15 No Passes Sat 11:40-2:30-7:30-10:25 No Passes Sun 1:40-4:30-7:20-10:15 No Passes Mon 11:40-2:30-7:30-10:25 No Passes Tue 1:25-4:20-7:20-10:15 No Passes Wed 4:20-7:20-10:15 No Passes Thu 1:30-4:20-7:20-10:15 Star & Strollers Screening, No Passes Wed 1:30
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American Hustle (14A) Fri-Mon 3:35-6:55-10:15 Tue-Thu 8:40
August: Osage County (14A) Fri-Mon 9:40
Endless Love (PG) No Passes Fri-Mon 1:20-4:10-7:20-10 No Passes Tue-Thu 6:10-8:45
Frozen (G) Fri-Mon 12:30 Tue-Thu 5:35
Frozen 3D (G) Fri-Mon 3:15-6:30 Tue-Thu 8:15
The LEGO Movie (G) Fri-Mon 12 Tue-Thu 6-8:30 Fri-Mon 12:45-3:30-6:45
The LEGO Movie 3D (G) Fri-Mon 2:30-5-7:30-10 Tue-Thu 5:40-8:10
The Monuments Men (PG) Fri-Mon 12:50-3:50-7:05-10:05 Tue-Thu 5:50-8:50
The Nut Job (G) Fri-Mon 12:40 Tue-Thu 5:45
Philomena (PG) Fri-Mon 12:20-3:40-6:50-9:20 Tue-Thu 5:55-8:25
RoboCop (PG) No Passes Fri-Mon 1:05-4:05-7:10-10:10 No Passes Tue-Thu 6:10-9
That Awkward Moment (18A) Fri-Mon 10:30
Winter's Tale (PG) No Passes Fri-Mon 1:10-4-7-9:55 No Passes Tue-Thu 5:30-8:35
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A New York Times editor and 50,000 strangers can't be wrong

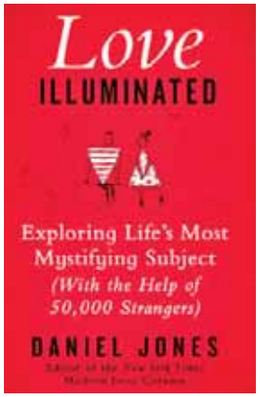
Love Illuminated. Relationship lessons from Modern Love editor Daniel Jones

EMILY LAURENCE
Metro World News

Ever since the New York Times started its Modern Love column nearly 10 years ago, editor Daniel Jones has been inundated with love stories. From the unbelievably romantic to the flat-out unusual, he's pretty much seen it all.

Though he says he doesn't have all the answers to love's big questions, Jones has learned a thing or two about the subject, which he's sharing in his new book, Love Illuminated.

In honour of Valentine's Day, we called up Jones and got him to share some of the biggest love lessons he's learned after reading the roughly 50,000 love stories that have landed in his inbox.



If the idea of dating overwhelms you, get offline

"There's this belief that the more people you meet or go out with, the more chance you have of finding that one special person," Jones says.

"But from what I've seen, people have much better luck starting with a small group instead of searching for that perfect person within dozens and dozens."

Jones tells us that even with the popularity of online dating, people are still falling in love the same way they did in the past: by meeting potential dates through friends, work or hobbies.

"Less is more," he says. "Go on a trip with a small group of people or join a club based on your interests."

If whenever you meet someone great you still have the sneaking suspicion that someone even better is out there, Jones again makes the case against online dating.

"Everything about online dating is encouraging you to seek perfection in someone. … Someone you fall for in real life may be the least likely person you'd choose if you saw him or her online," he says.

Recognize the difference between a sign and a coincidence

One thing Jones has noticed is that even though finding love is getting more mathematical and scientific, people are grasping onto signs of fate more than ever.

So how do you know if something is truly a "sign" that you've found the perfect person?

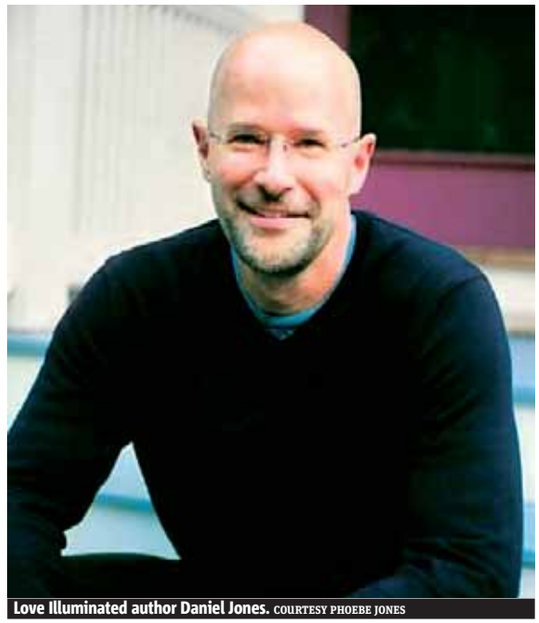
"A sign is meaningful if it says something about you or what you want in a relationship," Jones says.

Sharing the same birthday or having a random friend in common doesn't say anything; it's just a coincidence.

There's no substitute for physical chemistry

Thousands of people have written to Jones about falling in love online before meeting in person. While not doubting the very strong emotional bonds made, he warns it doesn't always translate into physical chemistry, even when you expect it to.

"Sharing your deepest emotions online just feels so close, but it's not," he says.


Love Illuminated author Daniel Jones. COURTESY PHOEBE JONES

"It's a controlled relationship that only exists in one narrow area. A real relationship involves the whole person."

Fragmented relationships can be fulfilling… but not forever

"In the dating world, it's easy to break yourself up into pieces and have sex with someone without caring about that person and then have a really deep connection with someone you don't have sex with," Jones says.

And it isn't always a bad thing; it just shows you aren't ready to be in a full relationship.

"When you're in school, in your first job or your 20s, not everyone wants the responsibility of a full relationship," he explains.

But if you do want the real thing, you have to give it your all.

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Make it a subterfuge Valentine's

House of Cards is back. Kevin Spacey returns as a depraved soon-to-be VP

"Did you think I'd forgotten you?" asks Francis Underwood, addressing us viewers near the end of the second-season House of Cards debut. Then he roguishly adds, "Perhaps you hoped I had."

As if!

Portrayed by series star Kevin Spacey, Underwood, the soon-to-be-sworn-in vice-president, has a delicious way of conspiring with the audience in his Beltway depravity: A sly aside, a knowing roll of his eyes, a caustic pronouncement shared only with us.

Though many of the first-season batch of episodes are sparked with Underwood's in-our-face declarations, he keeps his own counsel until late in this second-season kickoff.

"There is but one rule," he reminds us in its final moments — "hunt or be hunted."

Writing comes first

"I love the fact that the new season is coming out on Valentine's Day ... I think their relationship is incredibly romantic."

Kevin Spacey

Happily for us, another 12 new episodes keep Underwood on the hunt as Netflix releases the full second season on its website Friday.

Set in Washington in the current day, House of Cards is a loose reinvention of the 1990s British political thriller of the same name.

It premiered a year ago and instantly established Netflix as a bold new contender in the world of original video, stealing thunder from such august cable networks as HBO and AMC while landing the first major Emmy nominations for a streaming video series.

In short, this Cards game was a game changer, forcing viewers (and the industry) to think outside the box: The box known as TV.

The second season of House of Cards premieres Feb. 14 on Netflix. CONTRIBUTED

Now Underwood, formerly a ranking U.S. congressman, has plotted his way into the vice presidency. But there's no hint he's satisfied with that lofty perch, if the first four hours made available for preview are any indication. Even as he faces growing threats that could lead to his downfall, he's driven to climb higher, whatever it takes.

"That's the interesting thing about Francis: He has no allegiance, not even to a party," says Spacey with an admiring laugh.

Actually, Underwood does seem to have a precious pair of allegiances: To his own accumulation of power and to his wife, Claire, his loyal partner-in-crime, played by Robin Wright.

Last season, Underwood memorably stated that he loves his wife "more than a shark loves blood." As he navigates the political world, and taps into the underworld, his collusion with Claire is one of the series' most fascinating elements.

Interviewed last week, Spacey is natty in a blue pinstripe suit, open-collar shirt and swank olive green oxfords. At 54, he looks younger and more easygoing than Underwood, who, despite unflagging Southern charm and boundless energy, seems weathered by the pressures of his job and his insatiable ambition.

"There is so much I don't know about Francis, so much that I'm learning," says Spacey, clearly pleased to be granted even more time to explore him: Netflix recently announced plans for a third season.

"I've always thought that the profession closest to that of an actor is being a detective," he goes on. "We are given clues by writers, sometimes clues they're aware of and sometimes not. Then you lay them all out and try to make them come alive as a character who's complex and surprising, maybe even to yourself."

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Watch this series, you will: Yoda and the gang join the Netflix army

Return of the sixth. Season, that is. Star Wars: The Clone Wars final season set to air on Netflix after network cancellation

Netflix's Internet video service is coming to the rescue of Star Wars fans left in limbo by the abrupt cancellation of The Clone Wars, an animated television series that embellishes the lore of the Jedi Order and Sith Lords.

The sixth and final season of Star Wars: The Clone Wars will be shown exclusively to Netflix subscribers in the U.S. and Canada beginning March 7 as part of a licensing deal announced Thursday.

The Los Gatos, Calif., company has already pledged to spend about $3 billion this year on licensing video as it tries to expand its audience of 48 million worldwide subscribers.

A significant chunk of that money is being earmarked for video that can only be seen on Netflix. One of the company's most popular exclusives, the Emmy-award winning political drama House of Cards, returns for its second season on Friday.

The resurrection of The Clone Wars will finish the story that was still unresolved when Time Warner Inc.'s Cartoon Network cancelled the series following the fifth season. Cartoon Network dropped the series after Time Warner rival Walt Disney Co. bought the Star Wars franchise as part of its 2012 acquisition of Lucasfilm.

Besides showing all 13 episodes of the sixth season, Netflix's video-streaming service gained the exclusive rights to the director's cut of previous seasons of The Clone Wars.

Netflix is emerging as a popular alternative for TV series cancelled by broadcast and cable networks. The company revived the critically acclaimed comedy Arrested Development last year and plans to bring back the mystery The Killing.

THE ASSOCIATED PRESS

Rebel Alliance

- Disney has also struck an agreement with Netflix that allows the Internet video service to show the next wave of Star Wars movies shortly after they leave theatres. That deal begins in 2016.

The ever-wise and mysterious Yoda in an episode from the sixth season of Star Wars: The Clone Wars, which will be shown exclusively to Netflix subscribers in the U.S. and Canada beginning March 7. NETFLIX/THE ASSOCIATED PRESS

YOUR HEALTH

President's own story: 15 years ago I started to have arthritis, prostate, kidney, snoring and sleep apnea problems, which were all helped quickly with natural health products. I made it my life's purpose to help others. *Nick A. Jerch*

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#1

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Mind the App

Love never sounded so sweet

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

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Emma Watson, Helena Bonham Carter and Tom Hiddleston are among the actors reading aloud love poems and quotes from famous authors and popular movies in this social media-friendly anthology.

Video game review

Name. Outlast

For. PC/PlayStation 4

Rated. Mature 17+

There's no way to protect yourself in this nightmare. No gun, no fists. When the deranged inmates of Mount Massive Asylum find you in the gloom — and they will — you can only run and hide. That you can glance behind and see them at your heels is a nice touch, along with fancy parkour skills to leap beyond their grasp, but somehow it always comes down to peeking out of a claustrophobic cabinet, cradling a night-vision camcorder, and hoping the violent, often disturbingly sexual horrors will simply go away. Terrifyingly clever. **KRIS ABEL**

3 songs for the weekend

SOUND CHECK
Alan Cross
scene@metronews.ca

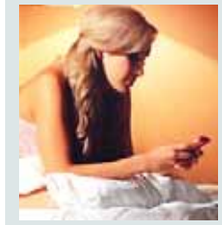
I'm going to assume that you have enough songs for Valentine's Day, so we'll just move on.

Dream a Little Crazy/ Architecture in Helsinki

They're not Finnish, of course. The new single from this Australian band just might be the happiest thing you hear all weekend. (Warning: hydrogen peroxide is involved in the video.)

Hot Tonight/ Tokyo Police Club

Here the band uses fan footage to put together a lyric video. From Forcefield, which is due March 25.



No Es Por Ti/ Melissa

Melissa Plancarte sings a form of Mexican folk-pop music called banda, which is fine. Daddy, though, is the head of the Knights Templar drug cartel and has a $1 million bounty on his head.

Odd Future

L.A. rappers banned from New Zealand

New Zealand immigration authorities have banned Los Angeles rappers Odd Future from entering the country after deciding they pose a threat to public order.

The group was due to play an open-air concert with Eminem on Saturday in Auckland. Border Operations Manager Karen Urwin said authorities decided to decline visas to six group members after becoming aware of a 2011 incident in Boston in which some witnesses claimed group members incited fans to attack police officers. "It's not a decision we take lightly and not one that happens often," Urwin said. Group member Tyler The Creator vented his frustration on Twitter on Thursday.

"They said we were 'terrorist threats and bad for the society' he wrote. He later tweeted, "I love NZ tho." **THE ASSOCIATED PRESS**

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Canadians singing the Games tunes

CBC's Fresh Tracks tap national talent to celebrate Team Canada's accomplishments. The Olympic-themed songs are designed to leave a lasting impression of the most memorable moments at Sochi

TORSTAR NEWS SERVICE

Whether or not you're a fan of Nikki Yanofsky's I Believe, you're no doubt thinking of the 2010 Vancouver Winter Olympics when you hear it.

After all, the song, or at least the melody, was played over and over again throughout the Games, when a consortium including CTV held the broadcast rights to the event.

With the CBC in control of broadcasting the Sochi Games, it's more difficult to pinpoint one song that will take us all back to those memorable moments.

The CBC has chosen to roll out Fresh Tracks, five Olympic-themed songs by Canadian artists that play during the Games to accompany montages of some of Team Canada's most notable accomplishments.

Fefe Dobson's Celebrate and Down With Webster's Feel So Alive have already made their debuts, while Roch Voisine's Living Out My Dreams, the official anthem for Team Canada, will appear on Wednesday. The song is also available on iTunes.

Broken Teeth, by Sam Roberts Band, will make its debut on Saturday, and We Are Gold, by Star Academie finalist Andee, will premiere next Wednesday.

Fresh Tracks is the result of a partnership between the CBC and Sony Music Entertainment Canada and Universal Music Canada. It's the brainchild of Trevor Pilling, head of programming for CBC Sports and Hockey Night in Canada.

He said playing five different songs allows the CBC to promote a variety of Canadian artists and to reach different audiences.

"I think what the consortium did was fantastic and it worked great for them, and we're taking a slightly different approach. ...Neither (approach) is wrong or right," said Pilling. "We'll leave it up to the viewer to determine how they feel about it."

Overcoming obstacles and attaining success figure prominently in the Fresh Tracks songs. Several of the artists said they were inspired by their own struggles when at the writing stage.

New Brunswick native Voisine said he was honoured that Living Out My Dreams would play during the Sochi Olympics. He'll also be travelling to the Russian city this week to play some shows for the athletes and their families, he said.

"The inspiration behind the song is that in order to make it, you have to work hard and have people around you who believe in you," he said. "And then when the Olympics approached, we thought we could make that initial idea an Olympic song."

Tyler Armes, bassist and keyboardist with Toronto's Down With Webster, said Feeling So Alive, which proved to be popular on the Twitterverse when it debuted, is very much about his own band's journey to success.

"It just wraps up the whole sentiment of the band. It's about living for today and not about living for tomorrow," he said.

Pilling said he's not necessarily concerned about the possibility that no one song will be readily associated with the Sochi Games.

Yanofsky, of course, became a household name after the Vancouver Games. Still performing, the jazz-pop singer has a new album and single in the works.

With Fresh Tracks, Pilling said the CBC is hoping to create a "moment" with as many viewers as possible.

"It's an opportunity to create something that can last, that can make an impression on someone, and even if it only stays in their mind for a day, or maybe a really long time, that's a blessing," he said.

Down with Webster — Feel So Alive

Down With Webster's Feel So Alive, a CBC Olympic Fresh Track, was inspired by the band's own journey to success. ALEX UROSEVIC/MUCH

Roch Voisine — Living Out My Dreams

Roch Voisine's Living Out My Dreams is the official anthem for Team Canada. THE CANADIAN PRESS FILE

Fefe Dobson — Celebrate

Fefe Dobson's Celebrate has debuted as one of CBC's Fresh Tracks Olympic songs. ALEX UROSEVIC/MUCH

Andee — We Are Gold

We Are Gold, by Star Académie finalist Andee, will premiere next Wednesday as a CBC Olympic Fresh Track. UNIVERSAL MUSIC CANADA

Sam Roberts Band — Broken Teeth

Broken Teeth by Sam Roberts Band is one of CBC's Olympic Fresh Tracks, debuting on Feb. 15. TORSTAR NEWS SERVICE

Colin Farrell ALL PHOTOS GETTY IMAGES

Afternoon delight not so delightful for Farrell since jumping on the wagon

Colin Farrell admits adjusting to a life of sobriety eight years ago was a bit daunting. "I was worried I wouldn't be able to talk, full stop," he tells Elle magazine. "I hadn't uttered a word sober in about 15 years." But that wasn't all he was worried about tackling without the help of a drink. "I made love to a woman about two and a half years after I got clean, and it was one of the most terrifying moments of my life," he says. "It was in the afternoon. The windows and the curtains were open. It was lovely and, to be crass, it wasn't f—ing. She was very gentle. But it was terrifying. Because I was just used to drunkenness and dark rooms and clubs and toilets and wherever."

Lil' Kim

No slowing down and no dad revealed as Lil' Kim shows off lil' bump

Look out, world. Lil' Kim is going to be a mom. The notorious rapper debuted a growing baby bump at The Blonds' Fashion Week afterparty in New York earlier this week, telling Us Weekly, "I'm so excited. I'm a few months along. I can't wait to be a mom!" Kim is keeping the father's identity under wraps for now, and she has no plans of slowing down. "I'm still going to work," she says. "I'm still going to be hardcore. The baby has made me even more of a beast."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Rolling Stone's Hoffman cover swap brings out the worst in 'disgusted' Drake

THE WORD
Dorothy Robinson
scene@metronews.ca

Drake has a little problem with Rolling Stone. The rapper has now sworn off magazine interviews after he claims Rolling Stone tossed his cover for the late Philip Seymour Hoffman for this month's issue — and misquoted him regarding his "mentor" Kanye West's Yeezus" album.

"There were some real questionable bars on there. Like that Swaghili line? Come on, man. Even Fabolous wouldn't say some s— like that," he supposedly said, which the mag then printed. Drake took to Twitter to recant the line. "I never commented on Yeezus for my interview portion of Rolling Stone," he wrote. "They also took my cover from me last minute and ran the issue."

Regarding the "took my cover" mention — that's media speak for Drake being promised the cover in exchange for the interview.

He was apparently then bumped by the editors for Hoffman. "I'm disgusted with that. RIP to Phillip Seymour Hoffman. All respect due. But the press is evil," he wrote (it should be noted that all of Drake's tweets have since been deleted). "I'm done doing interviews for magazines. I just want to give my music to the people. That's the only way my message gets across accurately." That, or Twitter.

Jerry O'Connell

SORRY, Shia, but O'Connell likes to wear the paper bag of publicity on his head too

Shia LaBeouf has some competition. While the beleaguered Nymphomaniac star continues his #IAMSORRY performance art stunt at a Los Angeles gallery space — sitting across a table from patrons one at a time and silently weeping with a paper bag over his head — actor Jerry O'Connell set up camp in the space next door to do nearly the exact same thing. O'Connell's #IAMSORRYTOO, mounted for one day only on Wednesday, featured the former Sliders star also with a paper bag on his head but in a much better and more talkative mood. According to various attendees, O'Connell apologized for "not being able to keep a show on network television" and for what he feeds his kids. He also offered bites of his sandwich. O'Connell's stunt, as it turns out, was for a Funny or Die video lampooning LaBeouf's efforts. While LaBeouf's paper bag has "I am not famous" scrawled on it, O'Connell's boasts the words "Super famous." LaBeouf can't be too mad about it, though, since so much of this hubbub is due to his own penchant for copying other people's work. LaBeouf is scheduled to continue his sitting and apologizing through Sunday.

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Happy Valentine's Day!

After Christmas, Thanksgiving and Easter, today is the biggest wine buying day of the year. And it should be. Short of keys to a new car, there's no better way to show your love than from the inside of a glass.

It's a holiday to toot the horn of sparkling wines. Not only do they pair well with everything, they taste sublime all by their lonesome.

Pink versions really speak to Valentine's Day, with France's Louis Bouillot "Perle d'Aurore" Crémant de Bourgogne Rosé ($19.99 - $28.29) a non-vintage, Burgundy-based fizzy that takes its production and grape blend cues from the champagne region.

Its soft, red berry flavours and delicate, crushed raspberry aromatics are a burst of summertime that will warm the winter-ravaged heart of your special someone.

If you're having a love affair with the Olympics this month, crack a Molson Canadian Victory Bottle (625 ml, $4.20 - $4.95). It's a limited edition inspired by the three litre versions given to Canadian athletes during the 2010 games in Vancouver.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Looking for a new and unique take on a savoury Asian classic? Bestselling Australian chef Donna Hay shows us how as we wrap up Metro's sweet week with recipes from her cookbook Fast, Fresh, Simple.

Making V-Day sizzle

FAST, FRESH, SIMPLE
Donna Hay
gustotv.com

This recipe serves four. BOTH PHOTOS DONNA HAY

Dinner For Two

Chicken with Haloumi and Honey

- 2 x 200 g chicken breast fillets, trimmed
- 150 g haloumi, cut into 4 slices
- 1 tbsp shredded lemon zest
- 6 sprigs lemon thyme
- 1 tbsp each olive oil
- 1 tbsp honey
- fig and arugula salad, to serve

1. Preheat the oven to 180 C (350 F).

2. Place the chicken, haloumi, zest and lemon thyme in a ceramic baking dish. Combine the oil and honey and pour over.

3. Bake for 18–20 minutes or until chicken is cooked through.

4. Serve with a fig and arugula salad. **DONNA HAY, GUSTOTV.COM**

1. Preheat oven to 180 C (350 F).

2. Brush the edges of the wonton wrappers with a little butter and place a chocolate square on one half of each wrapper. Fold over the wrappers to enclose and press to seal.

3. Place on a baking tray lined with non-stick baking paper. Brush wontons with butter and sprinkle with combined cinnamon and sugar.

4. Blake for 8 minutes or until golden. **WATCH DONNA HAY FAST, FRESH, SIMPLE MONDAY TO THURSDAY AT 6 P.M. EST ON GUSTO TV, CANADA'S NEW FOOD & LIFESTYLE CHANNEL. VISIT GUSTOTV.COM FOR FULL PROGRAM LINE-UP AND MORE GREAT RECIPE IDEAS.**

GustoTV

Australian chef Donna Hay is one of the great culinary masters airing on GustoTV. One of Canada's newest TV channels, Gusto features cooking and culinary travel shows each night, hosted by chefs and foodies from around the world, as well as here at home. For more details, check your local listings or visit GustoTV.com.

Ingredients

- 16 wonton wrappers
- 40 g butter, melted
- 16 small squares (120 g) dark chocolate
- 1 tsp ground cinnamon
- 2 tbsp caster (superfine) sugar

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Julian Brass, Founder of notable.ca, Canada's online source for young professionals

Couples' cooking class

Here is your chance to get your finger in the pie and learn some new culinary skills that are sure to impress your sweetie. SAIT is hosting a couples-only cooking class on Feb. 14 from 6 - 9 p.m. at their downtown campus. The menu has not yet been announced, but you can guarantee you'll leave with a few new skills in the kitchen as you prepare your delicious dinner for two. The cost is $75 per person. Register now at culinarycampus.ca.

River Café for two

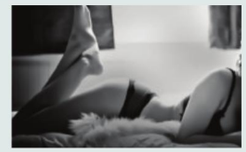
If cooking classes aren't really your thing, you can count on River Café to provide an excellent Valentine's Day dinner. Fish, game and vegetarian choices are available on this delicious progressive Taste of Place menu. You won't run out of options for wine with their award-winning list, but if it overwhelms you there are select pairings available. The cost is $95 per person (wine not included). Reservations are strongly recommended and can be made online. river-cafe.com.

Ice skating — Prince's Island Park

If you are looking for a romantic activity this week, then you should head down to Prince's Island Park for a little ice skating. Prince's Island Park maintains a large lagoon for ice-skating complete with lighting and music. If you plan to drive down you can park on Memorial Drive at the curling rink or along the Eau Claire shopping centre. Hockey sticks and pucks are not permitted, but the rink is open until 11 p.m. every evening. calgary.ca.

Acro Yoga and Raw Chocolate Making

Yoga Passage Studio is hosting an afternoon of acro yoga and raw chocolate making with their resident nutritionist. It all goes down Feb. 15 from 1 - 4 p.m. Sign up with your special someone to go through a yoga practice with a focus on balance, trust and communication to get you flying through the acro partner postures. Cost is $100 per couple. Call 403-277-3058 to register. Namaste.



Exposure Photography Festival

Mark Laurie will share his secrets of boudoir photography during a Canon Exposure seminar at Canon Image Square — 545 8th Avenue SW. This talented local photographer will be discussing how lighting and posing are key to effortlessly beautiful photos. Laurie has been working as a photographer for over 30 years and is a true master at capturing the female form. Feb. 15 from 6 - 8:30 p.m., $99. exposure photofestival.com.

HÔTEL LE GERMAIN
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Valentine's stay-cation

Maybe a stay-cation at Hotel Le Germain is just what you and your partner need. This modern boutique hotel has put together a few romantic packages specifically for V-Day; you can choose from a variety of options including spa packages, gourmet meals, champagne and even rose petals set up in your room. The hotel also offers a late check out on Feb. 15 or 16 at no extra charge. Packages start from $219. Call to book at 403-264-8990.

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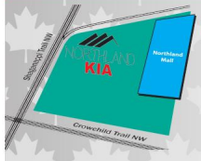

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4 SPORTS

USA 7, Slovakia 1

Kessel keeps up his strong play

Phil Kessel had a goal and two assists while his Maple Leafs teammate James van Riemsdyk contributed two assists to lead the Americans over Slovakia.

Russia 5, Slovenia 2

Russian stars deliver the goods

The biggest names in Russian hockey — Alex Ovechkin, Evgeni Malkin and Ilya Kovalchuk — delivered goals for the hosts, to the delight of the Sochi crowd in its win over Slovenia.

Russia's Alex Ovechkin handles the puck against Slovenia's Marcel Rodman on Thursday. BRUCE BENNETT/GETTY IMAGES

Finland 8, Austria 4

Finns finding back of net easily

Finland — Canada's biggest rival in the four-team Group B — got off to a winning start behind two goals apiece from Mikael Granlund and Jarkko Immonen.

Zetterberg ailing

Sweden's captain doubtful for Friday

Swedish captain Henrik Zetterberg was battling a herniated disc and was listed as doubtful for Friday's game against Switzerland. TORSTAR NEWS SERVICE

Henrik Zetterberg
THE ASSOCIATED PRESS

Canadian defenceman Duncan Keith and Norwegian forward Patrick Thoresen race after the puck on Thursday in Sochi. MARK HUMPHREY/THE ASSOCIATED PRESS

Canada fights off early jitters

Men's hockey. Canucks overcome slow start to dominate Norway

Several minutes after Norway took the ice for its pre-game warm-up on Thursday, pucks still hadn't arrived. Players skated or just stood around waiting.

It turned out to be a preview of the second period, when Team Canada found its groove after a slow start and simply dominated the Norwegians on its way to a 3-1 victory in its opening game of the Olympic men's hockey tournament.

It was a stark contrast from Canada's scoreless, sluggish first period, which players attributed to nerves more than any technical adjustments.

Preliminary round

3	1
Canada	Norway

Mentally, though, it was like a switch got flipped.

"You're playing your first game and everyone's probably thinking about where they need to be and systems — probably a thousand things going through their minds," captain Sidney Crosby said. "I think just once we settled in and realized how we play and how we need to play, we started to get some good results."

Canada, which got goals from Shea Weber and Jamie Benn during the second and one from Drew Doughty later to provide insurance, was tenuous at best and sloppy at worst early on. Being unsure of the big ice, of new teammates, of unfamiliar opponents, led to pucks hopping over sticks and players going offside at inopportune times.

Getting quality shots wasn't possible because the puck wasn't getting into prime scoring areas.

"I thought in the first period we didn't execute as well as we'd like," coach Mike Babcock said. "I thought we tried hard, didn't execute."

Babcock-coached teams are all about detail-oriented execution. When that was lacking, Norway was able to use tight, five-man units to frustrate the Canadians and keep them off the scoreboard.

Some of the credit has to go to Norway, but the proof of Canada's control over this game came almost immediately after the first intermission. Suddenly the puck was only in the offensive zone, and it looked like the NHL stars were toying with inferior competition. THE CANADIAN PRESS

Quoted

"Any time you're playing with a new group, there's going to be a little bit of a feeling-out period there."

Team Canada defenceman Alex Pietrangelo

It's called 'working'

Web traffic spikes during hockey game

There must've been a lot of Alt-Tabbing, panicked minimizing and cautious web surfing in offices across Canada on Thursday.

If you were surreptitiously streaming the men's hockey game between Canada and Norway while you should've been working, you weren't the only one.

As much as 37 per cent of commercial and residential web traffic in Canada on Thursday afternoon was linked to streams of the highly anticipated hockey game, according to an analysis by the Waterloo, Ont.-based computer network company Sandvine. THE CANADIAN PRESS

Thrill of the chase inspires Chan

Patrick Chan gestures as he waits for his results after the men's short program competition in Sochi on Thursday. IVAN SEKRETAREV/THE ASSOCIATED PRESS

Figure skating. Three-time world champ trails Japan's '100-point phenom'

As the most dominant skater on the planet for the past three years, Patrick Chan has been peering over his shoulder, skating with a target on his back that had grown increasingly heavy.

Canada's three-time world champion goes into Friday's long program at the Sochi Olympics in second place, looking at someone else's back for a change — and it's a position the Toronto skater doesn't mind at all.

"I like being in second, I like being in the chase. It's exciting," Chan said afterward — sounding more relaxed post-competition than he has in a while.

Yuzuru Hanyu — a 19-year-old Japanese phenom who lives and trains in Toronto — won the short program with a whopping world-record 101.45 points, making him the first man in history to break the 100-point barrier.

The 23-year-old Chan, who's gunning for Canada's first-ever Olympic gold in men's singles, scored 97.52, landing a beautiful quadruple toe loop-triple toe loop combination to open the program. But he slightly over-rotated a triple Axel that was so big it got away from him.

Chan is well ahead of third-place Javier Fernandez of Spain (86.98), setting up virtually a two-man race Friday for gold.

It was a rough night for Canada's other two skaters. Kevin Reynolds of Coquitlam, B.C., was 17th in the short program after falling twice. Liam Firus of North Vancouver, B.C., was 28th and didn't qualify for the long program.

Chan's night, by comparison, wasn't nearly so dramatic. He felt relieved he didn't fall on his triple Axel, saying he could tell when he looked on the replay that he "had way more height than normal."

But Chan's performance was otherwise flawless.

Chan has been No. 1 in the world since winning the 2011 world championship in Moscow by a margin so wide it was like he was skating in a one-man field. But through two more world titles, the margin of victory had narrowed, and the pressure on the Canadian increased.

And in December, the upstart Hanyu topped the Canadian at the Grand Prix Final — Chan's first loss against a full international field in three years.

When asked if Hanyu will feel the weight of a target, Chan said: "Absolutely."

THE CANADIAN PRESS

Sizing up his new rival

"Yuzuru has a target that he's not used to having. And at the Olympics the target is double in size."

Canadian Olympian Patrick Chan explains why it will be difficult for his opponent to prevail.

Figure skating

Back injury forces Plushenko's exit

Evgeni Plushenko withdrew for medical reasons Thursday from the men's figure skating competition at the Sochi Olympics.

The four-time medallist fell on a triple Axel during warm-ups for the short program and immediately grabbed his back. He attempted another Axel, botched it, and then skated to the event referee and withdrew.

THE ASSOCIATED PRESS

Points for persistence

Abbott goes down but not out

American champion Jeremy Abbott crashed hard on his back on his quad, sliding into the protective padding around the boards. He stayed down for several moments before getting back on his feet and finishing his program as the crowd cheered him on. He was 15th. THE CANADIAN PRESS

Lone Filipino. A brush with greatness spurs Martinez

Michael Christian Martinez used to study Canada's Patrick Chan on YouTube.

In Sochi, the Filipino teen got the real deal.

The 17-year-old figure skater is the lone member of the Philippines Olympic team, and because he and Chan were the first two skaters to arrive in Sochi, they found themselves alone together during several practice sessions.

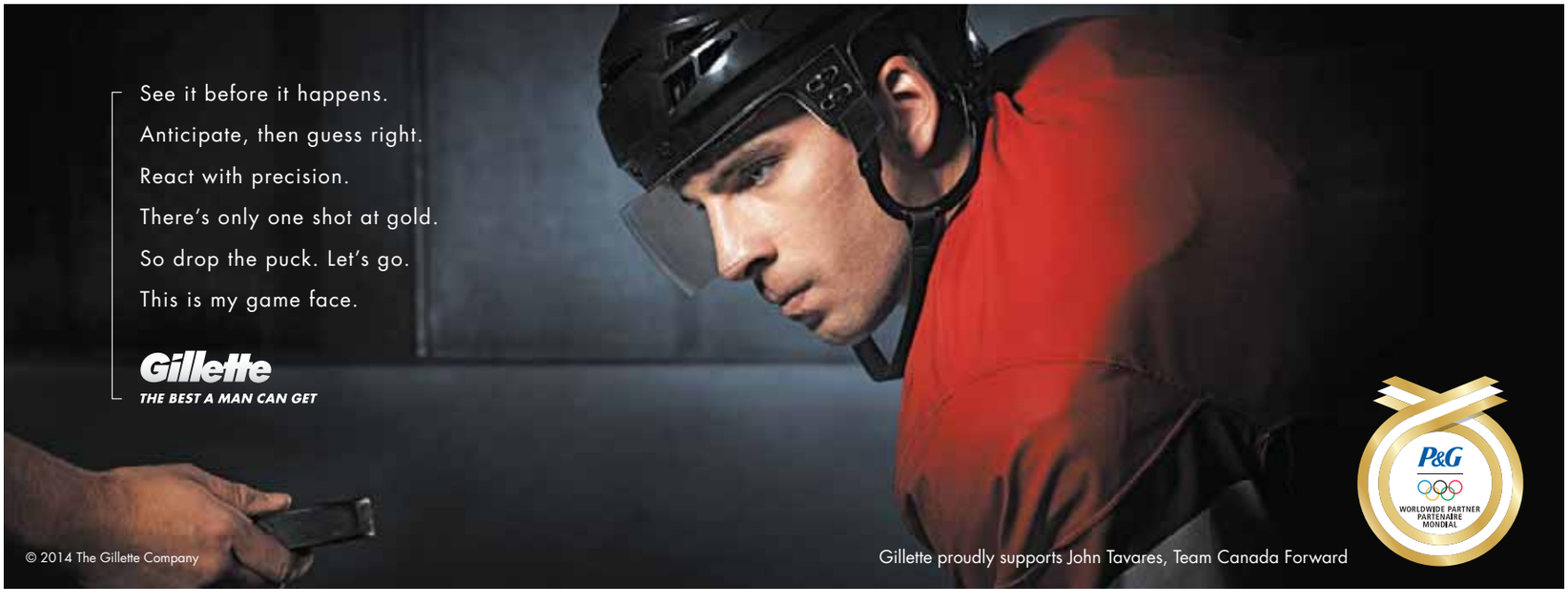
The Toronto skater befriended Martinez, gave him some pointers and even invited him to dinner.

"It felt really great," Martinez said, with a big grin. "I feel like a champion because I'm skating with Patrick Chan, and I feel like a world champion also."

Whatever instruction Chan provided certainly helped. On Thursday, Martinez finished 19th in the men's short and qualified for Friday's long program.

Martinez, the first Olympic figure skater from Southeast Asia, was born in Paranaque City and took up the sport after seeing people skating at a mall — one of just three rinks in the Philippines. THE CANADIAN PRESS

Michael Christian Martinez competes during the men's figure skating short program Thursday. PAUL GILHAM/GETTY IMAGES



Nesbitt left looking up at the podium in gold medal defence

Speedskating. Veteran athlete entered Sochi without any medals from World Cup season

Christine Nesbitt finished far off the Olympic podium Thursday in a race she once dominated. It was a disappointing chapter in a frustrating season for the Canadian speedskater.

The 26-year-old from London, Ont., finished ninth in the 1,000 metres at Adler Arena after winning Olympic gold in the distance four years ago.

The opposing skater in Nesbitt's pairing, China's Zhang Hong, won gold for her country's first long-track medal. Zhang's time of one minute 14.02 seconds was almost seven-tenths quicker than the field.

Christine Nesbitt of London, Ont.
ADRIAN WYLD/THE CANADIAN PRESS

Ireen Wust of the Netherlands was .67 seconds back and teammate Margot Boer .87 behind for silver and bronze respectively to bring the number of Dutch speedskating medals to a dozen.

It was more hope than expectation Nesbitt would stand on the podium again in Sochi, because she hadn't won a medal this World Cup season.

"It's been such a crappy season, excuse my language, and every time I feel like I'm getting better something's happened or I haven't quite figured something out," Nesbitt said.

Post-2010, Nesbitt earned multiple World Cup titles and set a world record of 1:12.68 in January, 2012.

So when she opened her season at home in November more than two seconds off that time, Nesbitt looked bewildered.

"I don't really want to talk about it," Nesbitt said after the 1,000 metre. "I still have the 1,500 in a few days and the team pursuit coming up."

THE CANADIAN PRESS

Canadian men stumble in semifinal

Francois Hamelin of Canada, left, crashes out in a men's 5,000-metre short track speedskating relay semifinal at the Iceberg Skating Palace on Thursday in Sochi. The Canadian men won't be defending their gold medal in the event after finishing fourth. BERNAT ARMANGUE/THE ASSOCIATED PRESS

Medal count

Canada loses some momentum in Sochi

Shut out of the medals Thursday, other countries caught and passed Canada at the 2014 Winter Games.

It was the first day Canada didn't win at least one medal.

With just one in the last two days, the Canadian team stalled at 10 and was tied with Germany.

Russia leapfrogged Canada to 11, and the United States and the Netherlands jumped ahead to 12. Norway remained the frontrunner at 13.

Canada's goal is to top the overall medal count in Sochi after finishing third with 26 in 2010. THE CANADIAN PRESS

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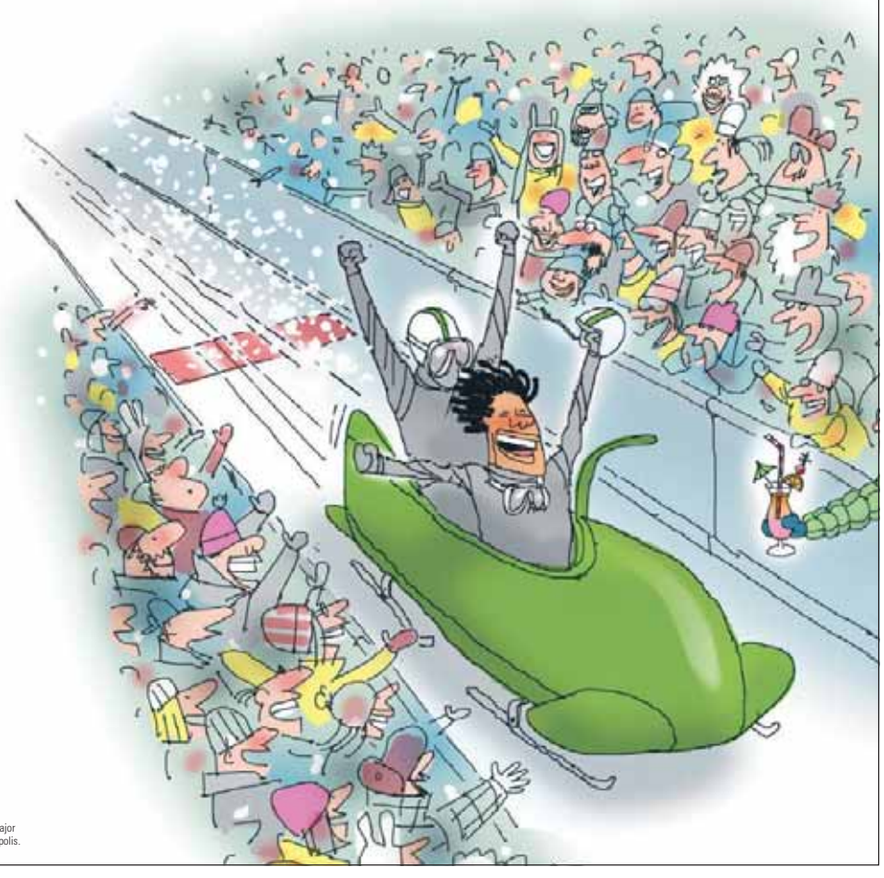

Jacobs rebuilding his reputation as a winner

Curling. Canada back above .500 after shaky start in Russia

Brad Jacobs' rink continued its comeback at the Olympic curling competition Thursday, defeating Denmark 7-6 to improve to 3-2.

After back-to-back losses to Switzerland and Sweden, the Canadian men righted themselves with wins over Russia and Denmark.

"I think we're back on track," said Canadian lead Ryan Harnden. "We're still not playing to the best of our abilities, but we're getting there. We'll build off this one and just move on to tomorrow

"We're getting better," added Jacobs. "I really think we played really well in the last four games. We're learning each and every game and we're bringing a lot more intensity out there, which is what we need to do."

Canada's skip Brad Jacobs delivers the rock while Ryan Harnden, left, and E.J. Harnden sweep against Denmark on Thursday. WONG MAYE-E/THE ASSOCIATED PRESS

The Danes led 2-1 after three ends before Canada scored two in the fourth and sixth — with the Danes scoring one in the fifth — to lead 5-3. Danish skip Rasmus Stjerne pulled one back in the seventh to cut the deficit to 5-4 but Jacobs responded in the eighth to make it 6-4.

A two by Denmark (2-3) sent it tied at 6-6 into the 10th.

Canadian third Ryan Fry cleared two guards and Danish counterpart Johnny Frederiksen hogged his attempt to place a guard. Stjerne sent his last shot through the house, setting the scene for Jacobs to draw for the winning point.

THE CANADIAN PRESS

Dominant Canuck

"I don't know if we are making it look easy but we are coming out, playing well and making the big shots when we have to."

Canada's Jennifer Jones who beat Denmark and Switzerland Thursday to improve to 5-0.

Anna Sidorova

Russia's newest Tweetheart

Curling continues to be the most tweeted sport at the Olympics.

Russia has Anna Sidorova competing for the host nation; Sidorova has become one of the sex symbols of the Sochi Games.

Sidorova has become a bit of an international celebrity after posing in a racy —teddy, thigh-high stockings and heels — picture.

TORSTAR NEWS SERVICE/THE CANADIAN PRESS

Bobsled

Track worker hit during training

An Olympic track worker struck by a bobsled broke both legs and may have a concussion, IOC officials said Thursday.

The worker was on the track when he was hit by a forerunning sled near the finish line at the Sanki Sliding Center, just before the start of Thursday's two-man bobsled training.

"We still do not know why he was in this zone and exactly what happened," IOC President Thomas Bach said in a visit to The Associated Press office in Sochi.

Bach added that the worker "maybe" has a concussion.

THE ASSOCIATED PRESS

A track worker is loaded into an ambulance after he was injured when a bobsled hit him during a training run. THE ASSOCIATED PRESS

Slid away. Canadian lugers still waiting to be called Olympic winners

It was three close calls but no Olympic medal for Canadian lugers at the Sochi Olympics.

Alex Gough, Samuel Edney, Tristan Walker and Justin Snith just missed the podium with a fourth-place finish Thursday in the first ever Olympic luge relay event.

It was Canada's third fourth-place finish of the Games in luge. Calgary's Gough finished fourth in the women's event, while Walker, of Cochrane, Alta., and Calgary's Snith were fourth in doubles.

"I'm crushed," Walker said. "Words can't even describe it.

"There was no one thing to pinpoint ... It just hurts."

Edney, also from Calgary, was 11th in the men's event.

"It is brutal," Edney said. "It sucks and is not easy.

"It is even harder for both of my teammates. We wanted this so bad — not only for us and our program but for all of Canada."

Canada will now have to wait four years for another shot at its first-ever luge medal.

Canada came into the Olympics as a medal hopeful in the relay, winning silver at the 2013 world championships and bronze in 2012.

Germany won to complete its golden sweep of luge events in Sochi, while Russia finished second and Latvia third.

THE CANADIAN PRESS

Canadians Justin Snith, left, and Tristan Walker race during men's double luge on Wednesday in Krasnaya Polyana, Russia. JONATHAN HAYWARD/THE CANADIAN PRESS

MEDALS

Nation	G	S	B	Tot.
Norway	4	3	6	13
Netherlands	4	3	5	12
United States of America	4	2	6	12
Russian Federation	2	5	4	11
Germany	7	2	1	10
Canada	**4**	**4**	**2**	**10**

WHAT CANADA DID

THURSDAY

BIATHLON

Men's Individual 20 km - Brendan Green, Hay River, N.W.T., 21st, (52 minutes 5.3 seconds, +2 minutes 33.6 seconds); Nathan Smith, Calgary, 25th, (52:41.3); Jean-Philippe Le Guellec, Shannon, Que., 35th, (53:25.5); Scott Perras, Regina, 59th, (56:04.3).

CROSS-COUNTRY SKIING

Ladies' 10 km Classic - Brittany Webster, Caledon, Ont., 42nd, (31 minutes 41 seconds, +3 minutes 23.2 seconds); Daria Gaiazova, Banff, Alta., 44th, (31:47.0); Amanda Ammar, Onoway, Alta., 55th, (32:48.8); Heidi Widmer, Banff, Alta., 57th, (33:01.9).

CURLING

Women's Round Robin Session 5 - Canada 8 Denmark 5

Women's Round Robin Session 5 - Canada 8 Switzerland 5 (Standings: Canada 5-0, 1st)

Men's Round Robin Session 6 - Canada 7 Denmark 6 (Standings: Canada 3-2, 5th)

FIGURE SKATING

Men Short Program - x-Patrick Chan, Toronto, 2nd, (97.52); x-Kevin Reynolds, North Vancouver, B.C., 17th, (68.76); Liam Firus, North Vancouver, B.C., 28th (55.04).

x- qualified for Free Program

ICE HOCKEY

Men's Preliminary Round - Group B - Canada 3 Norway 1

FREESTYLE SKIING

Men's Ski Slopestyle Qualification - x-Alex Beaulieu-Marchand, Quebec City, 6th, (85.60).

x- qualified for final

Men's Ski Slopestyle Final - Alex Beaulieu-Marchand, 12th, (21.40)

Men's Ski Slopestyle Final Ranking: Alex Beaulieu-Marchand, 12th.

LUGE

Team Relay Competition - Canada (Alex Gough (Calgary), Samuel Edney (Calgary), Tristan Walker (Cochrane, Alta.), Justin Snith (Calgary)), 4th, (two minutes 47.395 seconds, +1.746 seconds).

SHORT TRACK

Ladies' 500 m Quarterfinals - Heat 1: x-Marianne St-Gelais, St-Felicien, Que., 2nd, (43.595 seconds); **Heat 2:** Jessica Hewitt, Kamloops, B.C., 4th (1:00.971); **Heat 4:** Valerie Maltais, La Baie, Que., 3rd, (43.550).

x- qualified for semifinal

Ladies' 500 m Semifinals - Heat 1: x-Marianne St-Gelais, 3rd, (44.069).

x- qualified for Final B

Ladies' 500 m Final B - Marianne St-Gelais, 4th, (44.359).

Ladies' 500 Final Ranking: Marianne St-Gelais, 7th; Valerie Maltais, 9th; Jessica Hewitt, 13th.

Men's 1000 m Heats - Heat 1: x-Charle Cournoyer, Boucherville, Que., 1st, (one minute 24.787 seconds); **Heat 2:** x-Olivier Jean, Lachenaie, Que., 1st, (1:26.089); **Heat 5:** x-Charles Hamelin, Sainte-Julie, Que., 1st, (1:25.742).

x- qualified for quarter-finals on Feb. 15

Men's 5000 m Relay Semifinals - Heat 2: x-Canada (Michael Gilday (Yellowknife, N.W.T.), Charles Hamelin, Francois Hamelin (Sainte-Julie, Que.), Olivier Jean), 4th, (six minutes 48.186 seconds).

x- qualified for Final B on Feb. 21

SKELETON

Women's Heat 1 of 4 - Sarah Reid, Calgary, 7th, (59.14 seconds , +0.71 of a second); Mellisa Hollingsworth, Eckville, Alta., 15th, (59.68).

Women's Heat 2 of 4 - Sarah Reid, 8th, (59.17, +0.71); Mellisa Hollingsworth, 17th, (59.70);

Ranking: Sarah Reid, 8th, (1:58.31, +1.42); Mellisa Hollingsworth, 16th (1:59.38)

Heats 3 and 4 take place on Feb. 14

SPEED SKATING

Ladies' 1000m - Christine Nesbitt, London, Ont., 9th, (one minute 15.62 seconds, +1.60 seconds); Kaylin Irvine, Calgary, 18th, (1:17.24); Kali Christ, Regina, 21st, (1:17.41); Brittany Schussler, Winnipeg, 30th, (1:18.53).

CURLING

All Times Eastern

MEN

Thursday's results

Canada 7 Denmark 6
Russia 7 Switzerland 6
Sweden 5 Norway 4
Britain 5 United States 3

WOMEN

Thursday's results

Canada 8 Denmark 5
Canada 8 Switzerland 5
Britain 8 China 7
Sweden 9 Switzerland 8
Sweden 7 Denmark 6
South Korea 8 Russia 4
United States 8 Japan 6

HOCKEY

PRELIMINARY ROUND

MEN

All times Eastern

Thursday's results

Canada 3 Norway 1
Finland 8 Austria 4
Russia 5 Slovenia 2
United States 7 Slovakia 1

Friday's games

Czech Republic at Latvia, 3 a.m.
Sweden at Switzerland, 7:30 a.m.
Canada at Austria, 12 p.m.
Norway at Finland, 12 p.m.

CANADA 3, NORWAY 1

First Period — No Scoring.

Penalties — Getzlaf Cda (tripping) 17:19.

Second Period

1. Canada, Weber 1 (Keith, Bergeron) 6:20.
2. Canada, Benn 1 (Bergeron, Doughty) 15:19.

Penalties — Sharp Cda (hooking) 16:03, Keith Cda (holding) 19:33.

Third Period

3. Norway, Thoresen 1 (Olimb) 0:22 (pp).
4. Canada, Doughty 1 (Getzlaf, Marleau) 1:47.

Penalties — Forsberg Nor (interference) 11:01, Kunitz Cda (slashing) 12:17, Bonsaksen Nor (roughing) 12:17, Bergeron Cda (interference) 18:21.

Shots

Canada	9	14	15—38
Norway	8	2	10—20

Goal — Canada: Price (W); Norway: Haugen (L).

Power plays (goal-chances) — Canada: 0-2; Norway: 1-4.

Referees — Mike Leggo, Marcus Vinnerborg.

Linesmen — Andy McElman, Christopher Woodworth.

Attendance — 10,261 at Sochi, Russia.

WOMEN

Thursday's results

Germany 4 Japan 0
Russia 3 Sweden 1

Saturday's games

QUARTERFINALS

Finland vs. Sweden, 3 a.m.
Switzerland vs. Russia, 7:30 a.m.

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Horoscopes

♈ Aries
March 21 - April 20
Although today's full moon takes place in your fellow Fire sign of Aries you could still get emotional and say things you later regret, so bite your tongue and keep your feelings to yourself — for now.

♉ Taurus
April 21 - May 21
You like to aim high but sometimes you wonder if it's worth the effort. Only you can decide but today is not a good time to make decisions concerning either your career or your family.

♊ Gemini
May 22 - June 21
Today's full moon makes minor disputes seem bigger than they actually are, but now that you know that you can make a conscious effort not to take what you see and hear seriously.

♋ Cancer
June 22 - July 23
What looks confusing now will seem logical come the start of next week, so no matter what happens over the next two or three days, don't let it worry you. That applies especially to money matters.

♌ Leo
July 24 - Aug. 23
Try not to jump to conclusions today because either your grasp of the facts is wrong or you are looking at them through an emotional haze.

♍ Virgo
Aug. 24 - Sept. 23
As today's full moon occurs in the most sensitive area of your chart, things you could not usually care less about will worry you. Provided you don't act on those worries everything will be fine.

♎ Libra
Sept. 24 - Oct. 23
It may be annoying that someone is dragging their feet but don't make an issue of it. The full moon means you just have to accept that not everyone thinks or moves or acts as fast as you.

♏ Scorpio
Oct. 24 - Nov. 22
It seems you're having second thoughts about a career move. You want to move up in the world, of course, but is this the route you should be taking? Think about it but don't make any decisions until next week.

♐ Sagittarius
Nov. 23 - Dec. 21
If you do things for others that they should be doing for themselves it won't be long before they expect you to do it all. Let others know that they need to take more responsibility for themselves.

♑ Capricorn
Dec. 22 - Jan. 20
It seems you'd rather go on making mistakes than admit you're on the wrong track. Your fixity of purpose is often a great strength but not when you so obviously need to change direction.

♒ Aquarius
Jan. 21 - Feb. 19
Today's full moon can either be a positive or a negative influence, depending on how you choose to react to people who annoy you. No matter what they do or say, just smile.

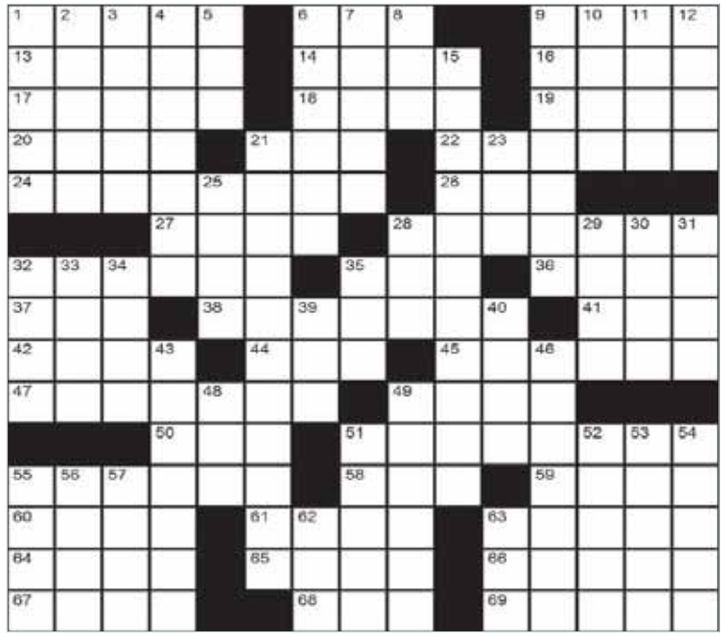
♓ Pisces
Feb. 20 - March 20
What you have been doing is good but the way you have been doing it is bad and today's full moon will in some way highlight that fact.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



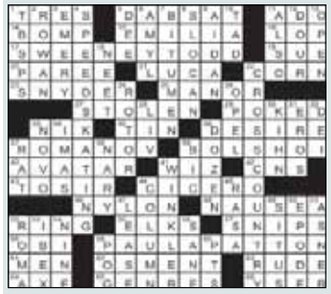
Across

1. Valentine's Day shape
6. SOCHI 2014 - US broadcaster of the Olympics
9. Hailed rides
13. Variant-spelled sea eagles
14. Banned orchard spray
16. Odd mixture
17. Hair salon service
18. Jackson 5 member
19. Eve's opposite
20. Gull-like bird
21. Witty wordplay
22. SOCHI 2014 - Alpine Skiing event, __-_
24. Greeting card company
26. 'Propyl' suffix (Flammable gas)
27. Books bag
28. It's on the Ontario-Quebec border, Lake __
32. Detector
35. CV of life
36. Rosie O'Donnell movie, "Exit to __" (1994)
37. Deuce
38. Actor, Sir John __ (b.1904 - d.2000)
41. "Yikes!"
42. River to the Ubangi
44. Grand __ (Wine classification)
45. Is feeling seasick
47. Count __, Anna Karenina's beloved
49. Cooking fat
50. __-Tac-Toe
51. SOCHI 2014 - Winter Olympics sport
55. Berlin's "Take My __ Away"
58. Sewing __
59. Rattle
60. Elusive snowy monster
61. Genesis kid
63. Fennel-like flavour
64. Blue/green
65. Man on the Moon
66. Beeped
67. Extensions
68. Li'l response
69. House builder's needs

Down

1. Famed journalist, Seymour __
2. "Parenthood" actress Ms. Christensen
3. Invalidate
4. Sprinkles that non-slip stuff on the winter roads again
5. The Waste Land poet's monogram
6. Mother __
7. Rock band, __-182
8. Feline
9. SOCHI 2014 - Go for the gold
10. Balm additive
11. Whirring sound
12. Tunesmith's creation
15. Romantic gift on February 14th: 2 wds.
21. SOCHI 2014 - Canadian star of Figure Skating: 2 wds.
23. Single
25. Retro synthesizer
28. Lettered insurance co.
29. Creative thinking result
30. Hive denizens
31. Like tattoos
32. Alphabetic sequence
33. Spouted water container
34. __ contendere (Court plea)
35. __-ray player
39. 'Brew' suffix
40. Affaire d'honneur
43. Necessitates
46. Bangles ballad: "__ Flame"
48. Rest
49. Abilities
51. Bundle of yarn
52. Boreal forest
53. Mary-Kate __
54. Shortages
55. Computer's nibble?
56. Careen
57. And others, briefly: 2 wds.
62. Princess Eugenie's sis
63. Smartphone add-on

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		8		9			3	
						8		
9	3	6	5	7				4
8		4	3			2		
				4				
		1			2	6		8
5				3	1	7	6	2
		3						
	7			8		3		

Yesterday's Sudoku

3	2	5	4	7	8	1	6	9
1	9	6	5	2	3	7	4	8
4	7	8	9	6	1	2	5	3
9	3	1	6	5	2	4	8	7
8	5	4	7	1	9	6	3	2
7	6	2	3	8	4	5	9	1
6	4	3	2	9	7	8	1	5
2	1	9	8	4	5	3	7	6
5	8	7	1	3	6	9	2	4

Weather

TODAY	SATURDAY	SUNDAY
MAX: -1° MIN: -8°	MAX: 3° MIN: -5°	MAX: 3° MIN: -9°

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